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2026 VISITOR GUIDE

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ON THE COVER



Photo Credit Kari Edgens | Writer, Photographer
hopsandskips.net | @hopsandskips
Swimming at Cummins Falls

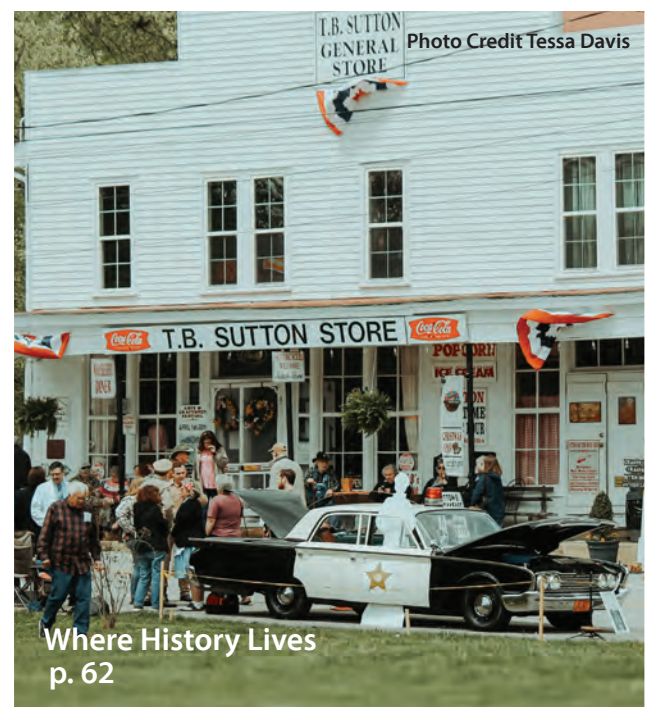


Photo Credit Tessa Davis

Where History Lives
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Photo Credit Chuck Sutherland

Breathtaking Views p. 24



Parks & Natural Areas p. 64

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TENNESSEE'S UPPER CUMBERLAND

WATERFALLS, LAKES & SMALLTOWN CHARM

2026 Upper Cumberland Visitors' Guide

Covering the 14 counties of the
Upper Cumberland in Tennessee:

Cannon | Clay | Cumberland
| DeKalb | Fentress | Jackson | Macon |
Overton | Pickett | Putnam | Smith |
Van Buren | Warren | White

Tennessee's Upper Cumberland is a diverse, multi-county region known for its waterfalls, lakes, rivers, scenic landscapes, and small-town communities across part of Middle Tennessee.

This annual Visitor Guide is produced by the Upper Cumberland Tourism Association, a non-profit organization established in 1986 and one of nine statewide regional tourism organizations officially recognized by the Tennessee Department of Tourist Development.

Tourism is Tennessee's second-largest industry, and the UCTA plays a vital role in supporting regional economic and community development by working with local communities, attractions, tourism and agri-tourism businesses through strategic promotion and long-term visitor engagement.

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Upper Cumberland Tourism Association

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Billie Davis

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Welcome to the 2026 Tennessee's Upper Cumberland Visitor Guide



With more than 5,000 square miles of waterfalls, lakes, rivers, scenic beauty, and small-town charm, Tennessee's Upper Cumberland is a place made for exploration.

This guide is proudly produced by the Upper Cumberland Tourism Association, the official regional tourism organization serving the region's 14 counties. Our mission is to highlight the places, people, and experiences that bring this part of Tennessee to life.

As Executive Director of the Upper Cumberland Tourism Association, I have the privilege of working alongside local communities, small businesses, attractions, and partners across the region to develop authentic tourism experiences and tell the stories that give our corner of Tennessee its character. This guide reflects that collaborative spirit and represents the collective voice of the Upper Cumberland.

Whether you're discovering the region for the first time or rediscovering it as a local, this guide was created with you in mind. Inside, you'll find waterfalls worth the hike, rivers made for adventure, and scenic drives that invite you to slow down and linger. From food and drink trails to vibrant arts and music scenes, charming downtowns, and beloved seasonal traditions, these pages invite you to explore at your own pace and discover something new each time.

Tennessee's Upper Cumberland is defined by its natural beauty, creativity, and close-knit communities, and we're proud to share it with you. We're glad you're here.

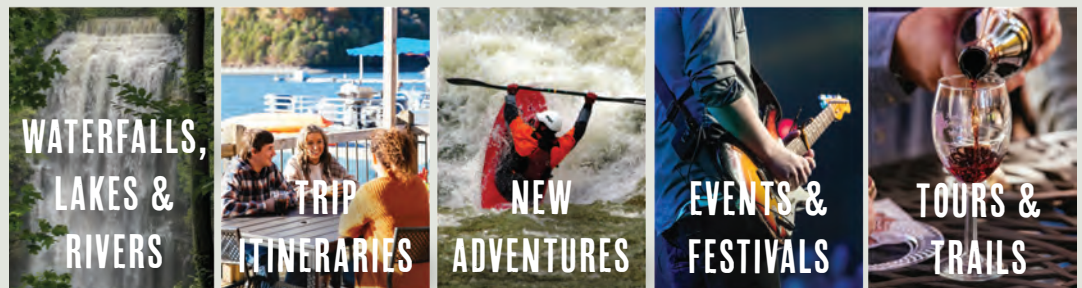
Billie Davis

Executive Director & Publisher
Upper Cumberland Tourism Association
Tennessee's Upper Cumberland

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Embracing Outdoor Adventure



Photo Credit Paul Teitelken

by Billie Davis

There is something profoundly restorative about being outdoors! It offers more than just an escape from the routine and hectic pace of daily life — it provides an opportunity to reconnect with oneself and the world. It is a chance to adjust to the version of ourselves we aspire to be, slowing down to make meaningful memories with loved ones. Tennessee's Upper Cumberland region serves as a reminder of the magic nature holds and its unexpected power to soothe the soul.

The Upper Cumberland isn't a sprawling city or a crowded tourist hub. Instead, its charm lies in its breathtaking natural beauty and welcoming small-town atmosphere. Here, every turn reveals something special, from sunlight filtering through vibrant autumn leaves to the soothing rush of waterfalls and the gentle flow of winding rivers. It's a place where the sounds of nature take center stage, and the hurried pace of everyday life slows to a tranquil rhythm. Visitors can step into a family-owned restaurant and be greeted with authentic hospitality, instantly feeling like part of the community.

This beautiful area is more than just a place — it is an experience filled with a treasure trove of outdoor adventures. With over 150 waterfalls, pristine lakes, scenic overlooks, and lush hiking trails, it offers endless opportunities for exploration and reflection. It serves as a reminder of the beauty that exists when one slows down and embraces the natural world. If you are seeking inspiration, rejuvenation, and lasting memories, this amazing outdoor playground promises an adventure that will leave a lasting impression.



Photo Credit Billie Davis

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10 Reasons to Visit Historic Granville

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March 18 - Independence Hall Opening - America 250 Celebration

1. T. B. Sutton General Store

This two-story 1865 landmark hosts Granville's main eatery. On Saturday nights, it also hosts the Sutton Ole Time Music Hour, a bluegrass dinner show similar to the Grand Ole Opry.

2. Granville Museum

Housed in a historic church building, this museum highlights the town's heritage through photo collections.

3. Shopping, Craftsmen Shops and Bed & Breakfasts

Shop for gifts, clothing, Mayberry & Lucy items, then getaway for a couple of nights at one of our two B&B's in the center of town.

4. Mayberry - I Love Lucy Museum

Check out Lucy's house, right down to the vintage dishes in her kitchen, then stroll through Floyd's barbershop and the rest of Andy's neighborhood.

5. Sutton Homeplace & Pioneer Village

The 19th-century residence has been restored with authentic furnishings, but with themed exhibits that change every quarter.

6. Festivals Galore

Seven annual festivals throughout the year celebrate everything from Mayberry to moonshine.

7. Live Theater

Special live performances fill the calendar such as the Mayberry Dinner Theater at Suttons General Store for Christmas & Valentine's Day and an Outdoor Spring Play in Pioneer Village. Experience all the Andy Griffith characters coming to life!

8. Farm to Table Museum

This museum traces what's grown on the farm to your plate, along with how animals were once part of the area's transportation system.

9. Granville Tour

Granville tour includes 10 different venues with antique cars, ice cream, Tennessee Textile & Quilt Museum, & more!

10. World's Largest Whiskey Decanter Museum

A collection of 5,000 decanters featuring Jim Beam, Ski Country and many other brands. The collection showcases automobiles, trains, animals, famous people and every aspect of our lives.

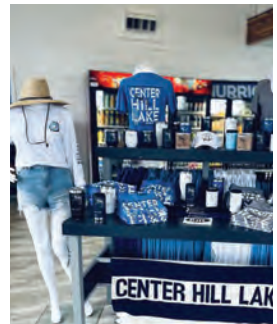
Home Runs Home Teams Baseball Traveling Exhibit: March 18 - Oct 31. GRANVILLETN.COM | 931-653-4151



Hurricane Marina, located in Silver Point on the scenic shores of Center Hill Lake, is a well-known destination for boaters seeking a welcoming and well-maintained marina experience. Offering boat slips, fuel services, a ship store, and lakeside dining, Hurricane Marina serves as a gathering place for recreation, relaxation, and community on the water. In 2023, Hurricane Marina was recognized with the Large Marina of the Year award by Marina Dock Age Magazine, a testament to its commitment to quality, customer experience, and continued investment in the marina.

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Chase Waterfalls

by Kristi Parsons

In the Upper Cumberland, you'll find roadside waterfalls, easy hiking destinations, hidden gems, spots tucked away on private land, backpacking opportunities with numerous waterfalls on one trip, and even kayaking adventures.

Within Upper Cumberland's fourteen counties there are hundreds of waterfalls and cascades to explore. Out of the top three highest waterfalls in the state, two of them, Fall Creek Falls and Coon Creek Falls, are located in the region. If you've ever stood beneath a majestic waterfall that stands 250 feet above you, then you know that it's a memory that you'll never forget. If you have not taken in the awe and wonder in such a scenario, now's your chance to chase some of the most unforgettable waterfalls in America.



If you're just beginning your journey of seeking out waterfalls in the Upper Cumberland, keep it simple and start with visiting our state parks. Rock Island State Park, Falls Creek Falls, Burgess Falls, Cummins Falls, and other state parks in the region are all great locations to discover some of our most stunning waterfalls while also enjoying all that the parks have to offer.

Guided hikes, family friendly programs and education experiences, camping and cabins, live music, and much more are offered but vary for each park. You can't go wrong with time in our state parks regardless of whether it is your 1st or 100th visit. Our parks are the perfect first step to never-ending adventures.

State Natural Areas are maintained by the state park system but offer more of a wilderness experience. The focus for these public lands is to provide recreational opportunities for locals and guests but it's also centered more towards the preservation of the natural land and thus have less development than the state parks do.



Ozone Falls, Lost Creek Falls, Virgin Falls and Colditz Cove are included in this group of waterfalls and trails. While you won't find bathrooms with plumbing, snack machines, or the consistent presence of park staff, you will find some of the most pristine and tranquil areas in the state. With a little prepping ahead of time you can help to keep the natural beauty of each destination maintained by practicing responsible stewardship.



Kayakers at the Base of Burgess Falls

Photo Credit Brittany Meadows Camden

Kayak to the base of Burgess or Fancher Falls, take a summertime dip under Carmac Falls while being a day or overnight guest at Evins Mill, get lost in curiosity as you watch the breathtaking flow of Virgin Falls disappear the moment it hits the ground, view two of the top three highest waterfalls in Tennessee drop 250ft to the ground at the same time, or study the geological wonders of the world while standing behind Big Laurel Falls.

The best time to visit our waterfalls? Late winter to early spring. Summer brings more of a crowd and evening storms can create a bit too much of a flow, but it is still a great time to be here as well. From July to September is when some of the falls will start to trickle. It often depends on the rainfall. But there are hundreds of waterfalls in the area, and it's always possible to find plenty with flow. It will just take a little extra looking around.

For instance, Twin Falls in Rock Island State Park is a man-made waterfall that was created by accident when the dam was built and pushed water out and into the Caney Fork River. Consequently, it has a phenomenal flow at all times. There are best times to see this and that, but you can find beauty on any day that you spend here.

Are you ready to chase waterfalls? Start planning your adventures today! Make your bucket list of waterfalls to visit on your trip. Find lodging in one of our state parks, a highly reviewed Airbnb in the area, at any of our top rated resorts, or prep for a backpacking trip beneath the stars. While you're in town don't forget to leave time open to visit local shops, catch a live musical performance, sip a craft beer, some wine or a little shine, check out a museum, connect with local artists, check out a festival, grab some yummy grub, and take in the spirit of the Upper Cumberland.



Twin Falls, Rock Island State Park

Photo Credit Kristi Parsons

There are 195 “described” waterfalls in the Upper Cumberland, giving the region the distinction of having one of the highest concentration of waterfalls in the United States. Here are a few of the most popular:

Burgess Falls

Located on the Falling Water River, this day use park is noted for its natural beauty and four waterfalls that cascade down from over 250 feet in elevation. The last of these falls plunges more than 130 feet into the gorge.

Carmac Falls

Located on the private property of Evins Mill, a resort and special events venue, the short hike to the falls is reserved for guests, or you can purchase a reservations-only package.

Cummins Falls

A 211-acre state park located in Jackson County. Its namesake, Cummins Falls, is a 75-foot waterfall on the Blackburn Fork.

Fall Creek Falls

Tennessee’s largest and most visited state park, Fall Creek Falls State park is home to numerous waterfalls, including Fall Creek Falls (one of the highest waterfalls in the eastern United States). Other waterfalls within the park include Piney Falls, Cane Creek Falls, and Cane Creek Cascades.

Northrup Falls

An easy trail in Colditz Cove State Natural Area passes towering rock walls and leading to a seventy-foot waterfall that plunges into a turquoise pool.

Lost Creek Falls

Located in a natural area south of Sparta, the creek emerges from a large spring, dropping 40+ feet and disappearing underground. On the opposite side of this large sink is the entrance to Lost Creek Cave.

Ozone Falls

The falls plunges 110 feet over a sandstone cap rock into a deep, rock-strewn pool. Located in Cumberland County, Ozone Falls is in one of Tennessee’s most popular natural areas.

Twin Falls & Great Falls

Located within Rock Island State Park, Twin Falls is 80 feet tall. Great Falls is located below the 19th-Century Cotton Mill, which the Falls powered over 100 years ago.

Virgin Falls

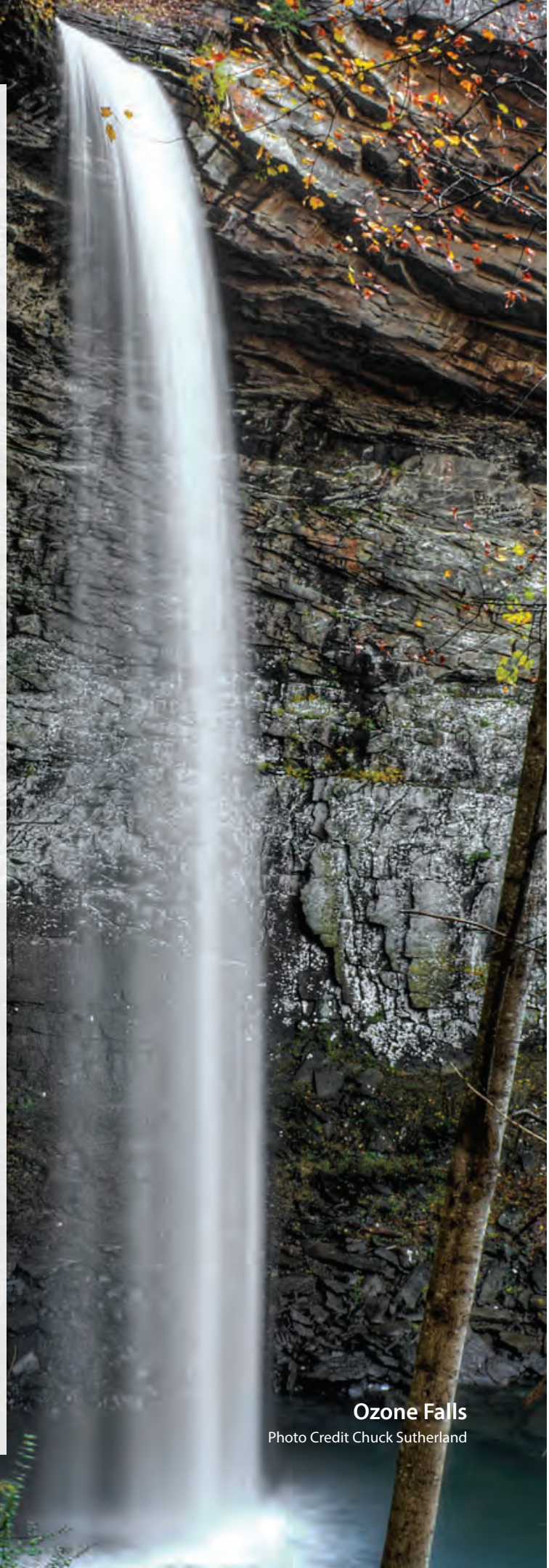
Formed by an underground stream that emerges from a cave, the water drops over a 110-foot high cliff before disappearing into another cave at the bottom of the sink. Virgin Falls is at the end of a challenging 8.7 miles out-and-back hike.

Waterloo Falls

Waterloo Falls at Waterloo Venue & Events is a scenic 35-foot waterfall on Spring Creek, embraced by wooded riverfront and swimming holes. The waterfall is set within a private event venue and natural retreat.

Winding Stairs Falls

This photo-perfect cascade tumbles over layered rock, creating a stair-like flow. Located in a park sharing the same name, the waterfall is a highlight on a moderate 1.6 mile scenic loop in Winding Stairs Park.



Ozone Falls

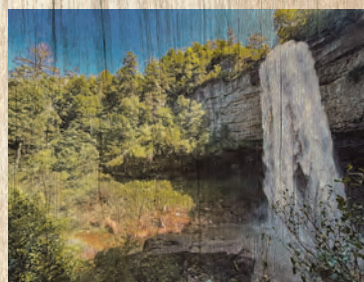
Photo Credit Chuck Sutherland

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Explore Upper Cumberland Lakes & Rivers

With expansive lakes and scenic rivers, Tennessee's Upper Cumberland offers countless ways to get on the water – from boating and houseboat vacations to relaxed paddling and whitewater adventure. Whether you're planning a full lake day or a peaceful river float, these destinations make it easy to find the right experience.

Center Hill Lake

Best Known For:

Boating, houseboats, jet skis, ski boats, clear water, scenic coves, marina dining.

Center Hill Lake is a premier boating destination with deep, clean water and miles of undeveloped shoreline, ideal for full-day outings and overnight lake getaways. It is a large, deep lake designed for boating, and many visitors plan full-day or multi-day trips.

Get on the Water

Boat rentals, fuel, slips, houseboats, and dining available at marinas around the lake.

Marinas & Boat Access

- Center Hill Marina – Lancaster - (615) 548-4315
- Cookeville Boat Dock – Baxter - (931) 858-4008
- Edgar Evins Marina – Silver Point - (888) 858-5695 / (931) 858-5695
- Hidden Harbor Marina – Smithville - (615) 597-8800
- Hurricane Marina – Silver Point - (931) 981-9800
- Pates Ford / Fishlipz Marina – Smithville - (615) 597-4807
- Sligo Resort & Marina – Smithville - (615) 597-5245
- Four Seasons Marina – (615) 597-7000
- Horseshoe Bend Marina – Walling - (931) 657-5080

Public Boat Ramps & Launch Areas

- Edgar Evins State Park Boat Ramp – Silver Point - (931) 858-2446
- Center Hill Dam Boat Ramp – Lancaster - (931) 858-3125
- Four Seasons / Holmes Creek Boat Ramp – Smithville - (615) 597-7000
- Floating Mill Boat Ramp – Silver Point - (931) 858-3125
- Hurricane Bridge Boat Ramp – Silver Point - (931) 858-3125





Dale Hollow Lake

Best Known For:

Houseboat vacations, fishing, marinas, cabins, extended lake stays.

Dale Hollow Lake is known for clear water and a relaxed pace, making it a favorite for longer stays and fishing-focused vacations. Ideal for multi-day trips and laid-back lake cruising.

Get on the Water

Houseboats, pontoons, fishing boats, fuel, slips, and dining available at marinas

Marinas & Boat Access

Cedar Hill Marina – Celina - (931) 243-3201

Dale Hollow Marina – Celina - (931) 243-2211

East Port Marina & Resort – Alpine - (931) 879-7511

Mitchell Creek Marina & Resort – Allons - (931) 823-6666

Safe Harbor Eagle Cove – Byrdstown - (931) 864-3456

Safe Harbor Holly Creek Marina – Celina - (931) 243-2116

Star Point Resort & Marina – Byrdstown - (931) 864-3115

Sunset Marina & Resort – Monroe - (931) 864-3146

Sulphur Creek Resort & Marina – Burkesville, KY - (270) 433-7272

Willow Grove Resort & Marina – Allons - (931) 823-6616

Dale Hollow State Park Marina – Burkesville, KY - (270) 433-6600

Public Boat Ramps & Launch Areas

Dale Hollow State Park Boat Ramp – Burkesville, KY - (270) 433-6600

Willow Grove Boat Ramp – Allons - (931) 823-6616

Obey River Park Boat Ramp – Celina - (931) 243-2019

Horse Creek Boat Ramp – Monroe - (931) 864-3146

Sulphur Creek Boat Ramp – Burkesville, KY - (270) 433-7272



Photocredit H.L. Harder





Wildwood Resort & Marina on Cordell Hull Lake

Cordell Hull Lake

Best Known For: Boating, fishing, camping, easy access recreation. Cordell Hull Lake offers a more relaxed, river-style lake experience with convenient access and surrounding parks. Well-suited for day use and casual boating.

Get on the Water: Boat rentals, fuel, slips, and nearby amenities available.

Marinas & Boat Access

- Wildwood Resort & Marina – Granville - (931) 653-4360
- Defeated Creek Marina – Defeated Creek (near Carthage) (615) 735-1034

Public Boat Ramps & Launch Areas

- Horseshoe Bend Ramp – Water access ramp for local boaters.
- Indian Creek Campground Ramp – Public access ramp in recreation area.
- Salt Lick Creek Ramp – Public launch and picnic access



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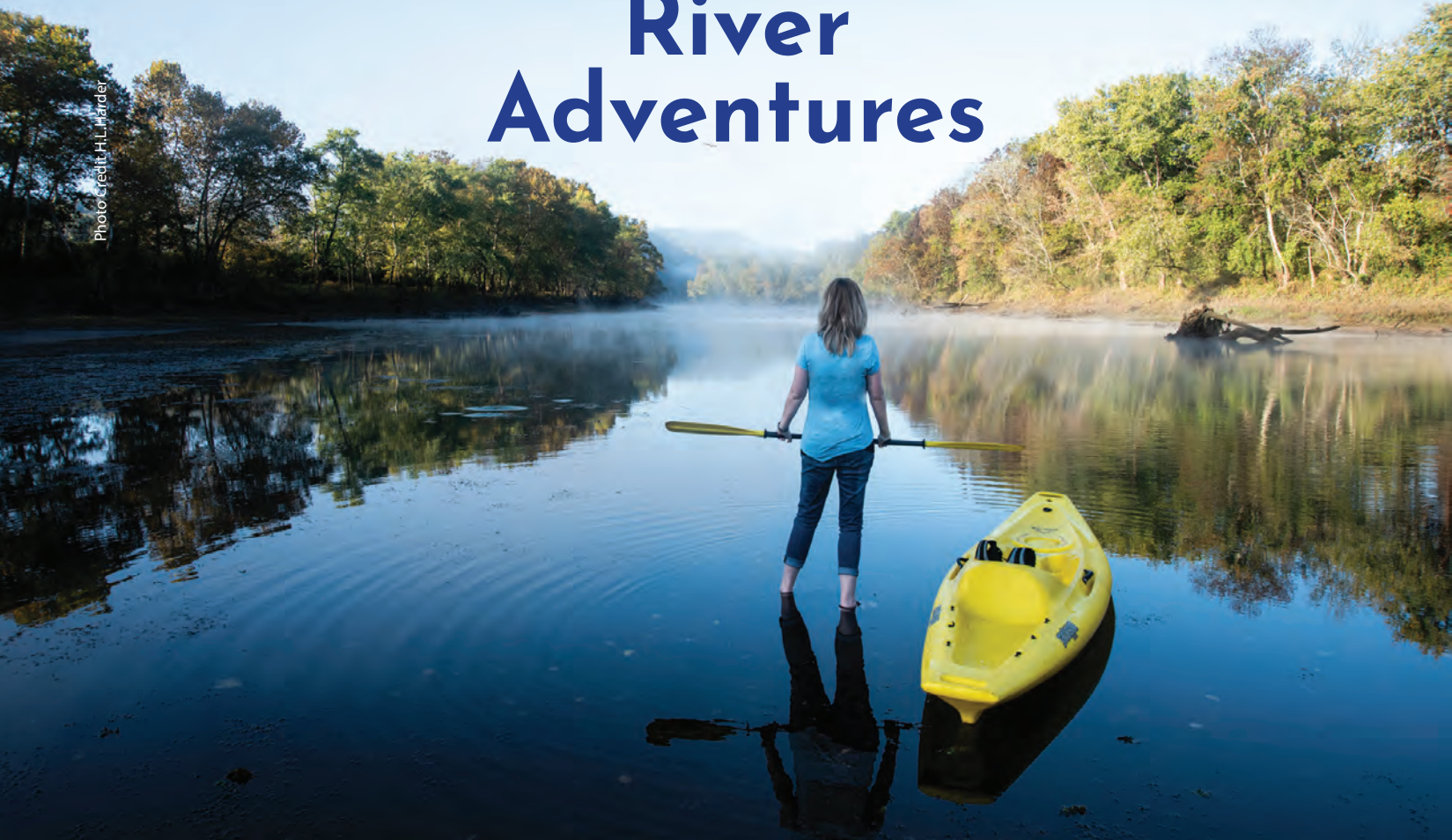


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Byrdstown/Pickett County Chamber of Commerce

River Adventures

Photo Credit: H.L. Harder



Barren Fork River

Best Known For:

Relaxed paddling, fishing, scenic floats.
A gentle river well suited for beginners and families,
offering a peaceful paddling experience.
Generally calm conditions.

Outfitters & Access: Member outfitter listed first • Public access available.

Caney Fork River

Best Known For:

Premier paddling river in the Upper Cumberland.
This section of the Caney Fork River offers cool, clear water,
gentle current, and easy access right off the interstate,
making it ideal for beginners and families.
Dam-generated river – water levels vary; first-time paddlers are encouraged to go with an outfitter.

Outfitters & Access: Canoe the Caney – Silver Point - 1-800-579-7893

Photo Credit Billie Davis



Collins River

Best Known For:

Relaxed paddling, fishing, scenic floats.

A gentle river well suited for beginners and families, offering a peaceful paddling experience.

Generally calm conditions.

Outfitters & Access

Member outfitter listed first • Public access available.

Cumberland River

Best Known For:

Boating, fishing, scenic cruising, and relaxed river recreation.

The Cumberland River offers a wide, navigable waterway ideal for motorized boating, fishing, and scenic river cruising. Flowing through several Upper Cumberland communities, it provides easy access and a slower-paced experience compared to smaller paddling rivers..

Best suited for boats, pontoons, and casual recreation.

Access: Public boat ramps and launch areas are available.

Roaring River

Best Known For:

Seasonal, slow, scenic paddling.

A quieter river best enjoyed during peak seasonal water levels.

Seasonal – best late spring through early summer.

Access: Public access available.



Photo Credit Chuck Sutherland



Caney Fork River (Whitewater - Rock Island Area)

Best Known For:

Whitewater kayaking, waterfalls, advanced paddling

This upper section offers powerful flows and is internationally known for freestyle kayaking.

Recommended for experienced paddlers only.

Access: Public access available.

Obey River (Whitewater - Rock Island Area)

Best Known For:

Wild & Scenic River, whitewater paddling, fishing. A more rugged river experience attracting experienced paddlers and adventure seekers.

Recommended for experienced paddlers only.

Access: Public access available.



Sunset Rock

White County, 6 miles east of Sparta on Hwy 70

It is not hard to understand why this overlook is called Sunset Rock. Sunset Rock can be accessed with a simple turn-off on old Hwy 70, and much to the delight of both local residents and tourists, the sky puts on a different show every evening.

Photo Credit H. L. Harder

Breathtaking Views

The Cumberland Plateau is resplendent with the wooded valleys and rugged gorges. The green is deep, the water is clean and the mountains are fetching. The rugged landscape gives rise to bluffs and cliffs, many of them easily accessible. When you find a high place to look over the landscape, it just may take your breath away.



Photo Credit Chuck Sutherland



Photo Credit Conner Gayhart

Buzzard's Roost

Van Buren County, Fall Creek Falls State Park

There are several overlooks at Fall Creek Falls. Buzzard's Roost is one of the best. With easy access, Buzzard's Roost has views of Pine Creek on the left and Cane Creek on the right, plus plenty of hiking and waterfalls close by.

Bee Rock Overlook

Putnam County, I-40 Exit 300 and follow the signs.

Tucked away near Monterey, a short 0.7 mile hike will bring you to Bee Rock, where you will be treated to views of miles and miles of beautiful hills, wood, and valleys.



Photo Credit Chuck Sutherland

Welch's Point

White County, Bridgestone / Firestone Centennial Wilderness Area

Welch's Point in White County is easy to access. To get there, pass the Virgin Falls parking lot and take the fork to the right. Travel about two miles. When you park, you will have to walk less than 1,000 feet downhill. The overlook faces west for amazing sunsets and breathtaking views of Scott's Gulf and the Caney Fork River Valley.



Photo Credit H. L. Harder



Photo Credit Chuck Sutherland

Black Mountain Trail/Overlook

Cumberland County, 2000-3398 Black Mountain Rd, I-40, Exit 329

This south-facing overlook has views of two giant sinkholes including Grassy Cove, North America's largest sinkhole by volume.

Martha's Pretty Point

White County, Virgin Falls State Natural Area

Hike about 2 miles along the trail to Virgin Falls and you will find this overlook, which earned its name with a gorgeous view of Big Laurel Creek Valley and the Caney Fork River Valley.

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CROSSVILLE

PLAY THE PLATEAU

From the Cumberland Mountains and dozens of jaw-dropping overlooks to 24 scenic trails, 15 lakes, 9 golf courses, an acclaimed Broadway playhouse, the state's only yak ranch and North America's largest sinkhole, the wonders of Crossville never end.



Visit the Website Here

Welcome to Nature's Playground



The Upper Cumberland is an amazing playground for outdoor enthusiasts of all ages and skill levels. This is a land of sun-kissed lakes, meandering rivers, rushing rapids and tumbling waterfalls. Our rolling hills are begging to be explored, our cliffs patiently waiting to be climbed. People move here just for the beauty and outdoor activities. From camping to golfing to hiking to simply discovering what's around the next bend, the UC is unforgettable.



Cycling

Caney Fork Cycles – Cookeville

Bikes sales, rentals and repair. Need advice on local trails, on or off-road? Ask us! We've been exploring the region for years.

Outdoor Experience - Cookeville

Outdoor gear sales and rentals, including bikes, kayaks and camping, plus knowledgeable staff who are also outdoor enthusiasts.

Outpost at Meadow Creek – Monterey

Bike, stand-up board and kayak rentals on a serene 90 acre lake with a multi-use trail system.

Tennessee State Parks

Scenic destinations and slow speed limits make state parks a great choice for a family biking trip. Mountain biking the wild trails of Tennessee State Parks, cruising on paved park roads, or exploring neighboring country roads make for some great two-wheeled bicycle adventures.

Map My Ride

To find the best routes for your level, [this website](#) is an excellent resource. It will give you distances, elevation and a map of the route.

For the best results, use these UC centers as your base: Algood, Carthage, Cookeville, Crossville, Fairfield Glade, Lafayette, Livingston, Monterey, McMinnville, Smithville and Sparta.

Camping

Belle & Beau Acres

Consistently ranked as a Best of Tennessee Hipcamps, this organized, primitive campground is close to waterfalls, hiking, kayaking, lake life, and more.

Big Fork Campground

A 12-site campground on the park, offering personalized attention, and state-of-the-art facilities, with 14'x14' and 12'x12' bedded stalls. Rent one of two RV's then go ride, hike or hunt without pulling your own rig.

Deep Valley Campground

Quiet, yet conveniently located off RT 52, 5 miles north of Livingston, near Dale Hollow Lake. The park is close to Mitchell Creek Marina, where you can launch your boat or rent one of ours.

Deer Run RV Resort

A 200 acre RV Resort & campground located on the Cumberland Plateau in Crossville. Relax and enjoy the natural settings, wildlife & private lake. We offer full-service sites & lakefront cabins.

East Fork Stables

Campsites with full hookup, electric and water, or electric with water nearby. You can stall your horse, use the picket line or use a paddock. Organized rides, cooking provided and live bands.

Made in the Shade RV Park

Located in the heart of Historic Granville, the RV Park is a peaceful, family friendly, lake front destination.

Maple Hill RV Park

An RV park open all year in the Big South Fork area offering pull-throughs, back-ins, cabins and a quiet tent area for camping.

Mountain Glen RV Park & Campground

Just fifteen minutes from Fall Creek Falls State Park, there are 41 pull-thru RV sites all with full hookups (20/30/50 AMP electric-ity/water/sewer), 8 spacious tent sites, RV Rentals, and amenities including free fast WiFi, clean private bathrooms, a stocked fishing pond, a game room, and lots more!

Old Mill Campground at Cummins Falls

Located across the road from Cummins Falls Park, offering RV sites, tenting and cottages.

R.M. Brooks General Merchandise

Just down the road from Historic Rugby and trails into the Big South Fork National River and Recreation Area, the historic General Store offers camping and RV sites.

Spacious Skies Belle Ridge Campground

RV sites, tenting, cabins and a guesthouse, close to scenic trails, waterfalls caves, a natural swimming hole, and a fishing spot.

Tennessee State Parks

Reservations for camping may be made up to one year prior to check-in online or by calling the park.

Whispering Falls at Burgess RV Park

A peaceful, family-friendly park right beside the entrance to Burgess Falls State Park.

Wildwood Resort & Marina

The resort on Cordell Hull Lake that offers vintage Airstreams, waterside cabins, cottages and saltbox lake homes.



Photo Courtesy of Fairfield Glade Resort



Golfing

Bear Trace at Cumberland Mountain

A Jack Nicklaus-designed course, the 6,900-yard (gold tees), par 72 layout features a design that capitalizes on elevation changes as well as natural features such as flowing brooks and clustered, mature pines.

Dorchester

The course is not long, but the bent grass greens, narrow tree-lined fairways, strategically placed bunkers, and water on 6 of the 18 golf holes makes it a challenge for even the most skilled golfer.

Druid Hills

Several scenic views of the surrounding mountains. With rolling, tree-lined fairways, plenty of water, several doglegs, and undulation bent grass greens.

Heatherhurst Brae

Who's up for a 36-hole day? You can do it here for lunch between rounds. The Brae was named in the top 5 courses you can play in Tennessee by Golf Week Magazine.

Heatherhurst Crag

Player-friendly with tee locations ranging from the most forward Green tees at 3,600 yards to the Blue tees at 6,200. Bentgrass tees and greens and wide fairways-great for short hitters.

Stonehenge

Ranked as #2 as Golf Week's Magazine's "Best Courses You Can Play in Tennessee," the course is proud to host a number of Tennessee State Opens and Matches.

Photo Credit: H.L. Harder

Horseback Riding

East Fork Stables

150+ Mile Trail System • Campground • Cabins
• Stables • Paddocks • Arena • Covered Pavilion.
Overlooks with unbelievable views.

Fall Creek Falls Riding Stables

Located in Spencer, the riding stables offer professional and friendly services for horse lovers of all levels. They also offer guided trail rides and overnight boarding service. Their season begins in March.

Lucky Red Stables

Located near Dale Hollow Lake, the stables offer boarding, lessons, horse rides, outdoor and indoor riding area, grooming stalls and wash stalls.

The Lavender on K&S Farm

Education is key on our farm from working with our draft horses doing plowing, hitching, driving demonstrations, and workshops.

Spirit Valley

Scenic riding experiences. Lessons from beginners to advanced adults looking for a challenging trail ride. Also offering farm stays. Located only 20 minutes from Center Hill Lake.





We Make Vacation Driving Fun. Eighteen Holes At A Time.

Ironically, while long drives in the car can be stressful, long drives off a golf tee are a stress reliever. In our thin air at 2,000 feet, your drives on any of our five Championship Golf Courses travel farther than you're used to. And on the highway, it's an easy drive to Fairfield Glade Resort from most anywhere in the country.

If golf isn't what drives you, our Racquet Center is world class with exceptional indoor and outdoor courts for tennis and pickle ball. We offer eleven cold water lakes for boating and fishing, along with miles of well-marked trails for hiking.

Fairfield Glade is also a great place to just relax and be waited on. For breakfast, lunch or dinner, our Stonehenge Grille allows you to dine out without driving out of Fairfield Glade. Call and let us tell you about discounts and other ways to make a Fairfield Glade Resort vacation more affordable than ever.

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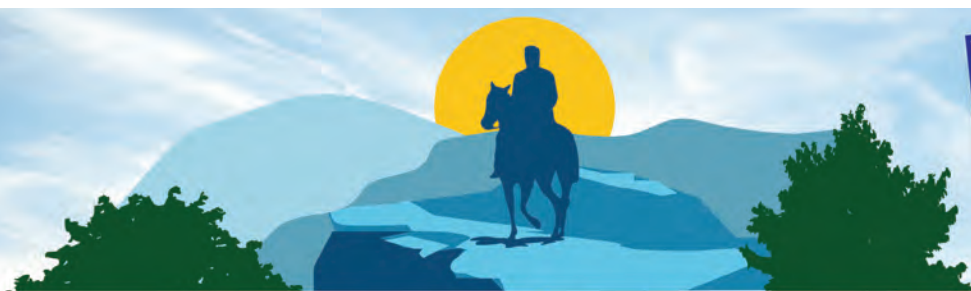
Cascading waterfalls roar through limestone gorges, sending mist dancing into the sunlight. Turquoise rivers carve calm paths through the valley, and ancient caves stretch on for miles like secret passageways waiting to be explored. After a day of adventure, McMinnville's local food scene is just as unforgettable, serving flavors that surprise and delight at every bite. This is Tennessee's best-kept secret – and we're letting you in. Just promise you won't tell a soul.

DISCOVER IT (QUIETLY) AT VISITMCMINNVILLETN.COM



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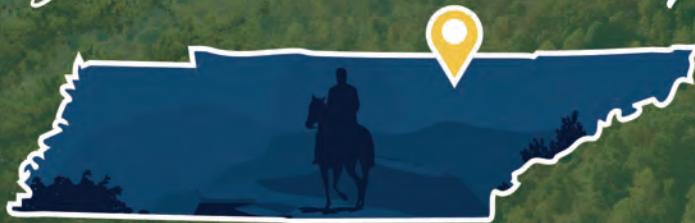
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Hiking Trails

Tennessee State Parks

Park Trail maps, Geo-referenced pdf maps, special hiking events (within the whole state), and trail difficulty. At the bottom of the page, each State Park is listed. Follow the link to the park you are visiting.

Explore Crossville

Hiking trails in Cumberland County.

Explore Sparta

Trails with descriptions and length of the hikes in White County.

Fairfield Glades Hiking & Walking Trails

Miles of walking and hiking trails that can accommodate any need and age, from paved, strolling paths to rugged climbs.

Tennessee Trails Association

The Plateau Chapter invites you to join them on their hikes. Please alert the leader that you will be joining.

Trails, Runs & Hikes Near Cookeville

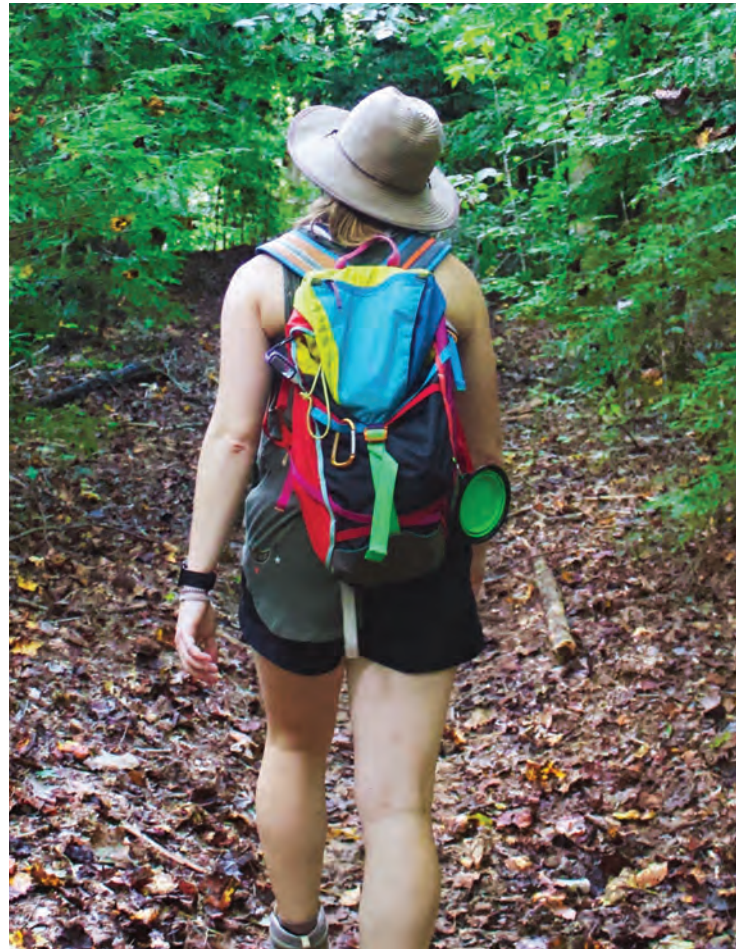
Some of the most popular and picturesque trails.

Step Outside

Covers not only hiking but also outdoors activities and events near your location.

Trail Link

Trail maps and comprehensive guides for hiking, running and biking trails.



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Shooting Ranges & Hunting

Crossville Shooting Park

A non-membership range, open to the general public. Offering 5 Skeet/Trap Combo fields, 1 single Trap field, a European Style Bunker Trap that meets Olympic Standards, 2 Five Stand courses, 2 Sporting Clay Sources, 5 Bay Pistol Range, 200 yard Rifle Range and a 12 lane 3-D Archery Course.

Dead Zero Shooting Park

Open to everyone, Dead Zero provides world-class ranges for electronic target rifles, pistols and shotgun sporting clay courses.

Sawbriar Hunting

A world-class sporting destination specifically designed with the wingshooter in mind. The guides and assistants at Sawbriar are some of the best in the country.

ATV Rental

Cub Mountain ATV Park (and Campground)

Enjoy 50 miles of exciting trails amid beautiful waterfalls, creeks, ponds, historical coal mining sites and scenic overlooks. A stocked pond is perfect for catch-and-release fishing.



Photo Credit H.L. Harder

Rock Climbing

Tennessee State Parks

To help ensure that Tennessee State Parks continue to provide quality areas for recreational climbing, all climbers should register online or with park management prior to each time they climb in Tennessee State Parks. Once you have registered, you will receive a confirmation email with your unique registration number, site rules, and other helpful info.

Located just outside of Crossville, **Black Mountain** is one of **Cumberland Trail State Park's** premier climbing locations. At 2,900 feet, its known for its spectacular views and offers highly- rated roping and bouldering. The boulder field is a great location for beginners to learn the basics and advanced climbers to hone their skills.

Other top rock climbing locations include **Copperhead Rock** and **Buzzard's Roost** at **Fall Creek Falls State Park**. Workshops lead by Park Rangers are also available.

Image: Rock Climber at State Park workshop on Black Mountain.

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For a list of events and places in Red Boiling Springs, visit www.vision2020inc.com



Cities & Towns of the Upper Cumberland



Cookeville
Photo Credit Chuck Sutherland

Byrdstown (Pickett County)

Best Known For: Dale Hollow Lake, close to five marinas, Pickett State Park, fishing and boating.

Byrdstown is a premier lake destination centered around Dale Hollow Lake, known for its crystal-clear water and exceptional boating and fishing. With five marinas nearby and access to Pickett State Park, the area combines lake life with protected natural beauty and dark-sky recreation.

Explore the Town: Marinas, lake access points, camping, fishing, and scenic backroads.

Carthage (Smith County)

Best Known For: Cumberland River access; Caney Fork River access, Cordell Hull Lake, historic downtown.

Carthage sits at a unique crossroads of two major waterways, making it a natural stop for paddlers and anglers. Its historic downtown adds charm to a town shaped by river life and regional heritage.

Explore the Town: River access, historic district, local dining, and scenic drives.

Celina (Clay County)

Best Known For: Dale Hollow Lake access, close to six marinas, small mouth bass fishing, Chocolate Gravy Festival.

Celina is a relaxed lakeside community with deep cultural roots and strong ties to Dale Hollow Lake. The town is close to six marinas and hosts the beloved Chocolate Gravy Festival, celebrating Appalachian food traditions and community pride.

Explore the Town: Lake access, fishing, local events, and river views.

Cookeville (Putnam County)

Best Known For: Dining and nightlife, arts and culture, Tennessee Tech University, Burgess Falls State Park.

Cookeville is the vibrant "Hub City," offering a lively downtown, diverse dining scene, and a strong arts presence. Just a short drive from downtown, visitors can explore some of the region's most iconic waterfalls and hiking destinations.

Explore the Town: Restaurants, breweries, boutiques, museums, live music, and nearby waterfalls.

Crossville (Cumberland County)

Best Known For: Cumberland County Playhouse, Fairfield Glade, Ozone Falls State Natural Area.

Located atop the Cumberland Plateau, Crossville blends outdoor beauty with a strong cultural scene. Visitors enjoy world-class theatre, resort-style amenities, and dramatic natural attractions just minutes from town.

Explore the Town: Theatre, golf, hiking, waterfalls, museums, historic park and dining.

Gainesboro (Jackson County)

Best Known For: Historic downtown square, river setting, first-rate dining experiences.

Gainesboro is a charming riverside town centered around a picturesque courthouse square. Known for its welcoming atmosphere and standout dining, it offers a refined yet relaxed small-town experience.

Explore the Town: Historic architecture, local restaurants, river views, and boutiques.

Granville (Jackson County)

Best Known For: Heritage tourism, artisan culture, festivals, minutes from Wildwood Marina & RV Resort, Andy Griffith Days.

Granville is a beautifully preserved river town known for its rich Appalachian heritage, artisan shops, and cultural festivals. Located just minutes from Wildwood Marina, it blends nostalgic charm with easy access to lake recreation and riverside relaxation.

Explore the Town: Historic buildings, craft shops, museums, festivals, and nearby marina access.

Jamestown (Fentress County)

Best Known For: Outdoor adventure, waterfalls, Highland Manor Winery, Big South Fork proximity.

Jamestown serves as a gateway to some of the Upper Cumberland's most rugged and scenic landscapes. It is home to Tennessee's oldest winery and offers nearby access to waterfalls, horseback riding, and expansive outdoor recreation areas.

Explore the Town: Winery tastings, Northrup Falls, riding experiences at East Fork Riding Stables, hiking, and scenic drives.

Lafayette (Macon County)

Best Known For: Boutique shopping, local art, historic charm, near Red Boiling Springs.

Lafayette offers a welcoming small-town atmosphere with boutique shops and a growing arts presence. Just a short drive away, visitors can explore historic hotels in Red Boiling Springs and scenic natural attractions nearby.

Explore the Town: Local boutiques, art gallery, historic sites, and nearby access to Winding Stairs Waterfall.

Livingston (Overton County)

Best Known For: Historic downtown, arts scene, boutiques, nearby waterfalls.

Livingston features a beautifully preserved historic downtown paired with charming shops and creative spaces. Its central location makes it easy to explore waterfalls and outdoor attractions while enjoying a relaxed, walkable town center.

Explore the Town: Historic square, local boutiques, cafés, and nearby Waterloo Falls.



Livingston Town Square

Sparta (White County)

Best Known For: Waterfalls, scenic overlooks, arts, music and dining. Sparta is a creative, welcoming town surrounded by some of the region's most impressive natural features. White County is home to notable waterfalls and overlooks, blending outdoor exploration with a vibrant downtown and exceptional food scene.

Explore the Town: Historic downtown, galleries, restaurants, and nearby waterfalls including Virgin Falls State Natural Area and Lost Creek Falls.

Spencer (Van Buren County)

Best Known For: Fall Creek Falls State Park, waterfalls, scenic overlooks, Mennonite artisan community.

Spencer is the gateway to Fall Creek Falls State Park, the most visited state park in Tennessee. The area features dramatic waterfalls, hiking and riding trails, and nearby Mennonite communities known for handmade goods and traditional craftsmanship.

Explore the Town: Waterfalls, overlooks, hiking, horseback riding, and local artisan stops.

McMinnville (Warren County)

Best Known For: Rock Island State Park, Twin Falls, Cumberland Caverns, nursery capital of the world.

McMinnville is a cornerstone of outdoor adventure in the Upper Cumberland, surrounded by waterfalls, caves, and scenic river landscapes. Known as the Nursery Capital of the World, it pairs natural beauty with a thriving dining scene and welcoming downtown.

Explore the Town: State parks, waterfall hikes, cave tours, and standout local restaurants.

Smithville (DeKalb County)

Best Known For: Center Hill Lake hub, 9 marinas, lakeside lodging rentals, historic downtown, Caney Fork River access.

Smithville serves as the gateway to Center Hill Lake, offering abundant lake-side lodging and easy access to nine marinas. DeKalb County is also home to Center Hill Dam and the Caney Fork River, a popular destination for canoeing, kayaking, and trout fishing.

Explore the Town: Lake access, marinas, canoeing/kayaking, fishing, downtown boutiques, and scenic overlooks.

Woodbury (Cannon County)

Best Known For: Antiques, local arts, craft traditions, near Rock Island State Park, Short Mountain Distillery.

Woodbury is known for its strong antique scene and deep appreciation for the arts. The town serves as Cannon County's cultural center while offering easy access to outdoor recreation and member experiences along the region's Bottle & Barrel Trail.

Explore the Town: Antique shops, artisan spaces, the Arts Center of Cannon County, and tastings at Short Mountain Distillery.

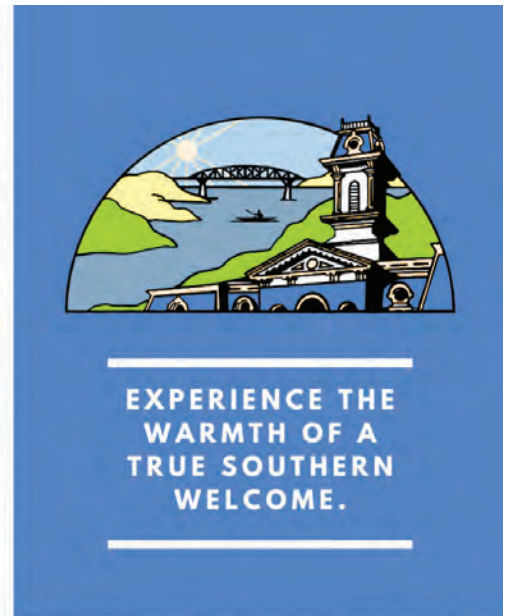


Photo Credit Ian Riley



SMALL TOWN *Christmas*

14 Counties, Thousands of Cherished Memories, Endless Possibilities

In Tennessee's Upper Cumberland, Christmas feels different –softer, more hopeful, and full of magic.

Across 14 counties, the season unfolds in twinkling courthouse squares, softly lit storefronts, and neighborhoods where traditions are passed from one generation to the next. Here, Christmas isn't rushed. It's experienced slowly – through charming parades, tree lightings that gather entire towns, live Christmas windows, candlelit walks, carriage rides, and familiar carols echoing through historic streets.

Small Town Tennessee Christmas is a celebration of those moments. Each community brings its own traditions to the season, creating a regional experience rooted in connection, nostalgia, and joy. Some towns shine with timeless charm, others with playful cheer, but all are united by a shared love of place and community.



Photo Credit Ian Riley

A highlight of the season is the 12 Days of Christmas Giveaway, launched in its first year as a way to celebrate local businesses and invite visitors to experience the region in a new way. From glamping domes and cozy cabin stays to breathtaking 5,000-square-foot lake-view home escapes, along with unique local artisan gifts, outdoor adventures, and one-of-a-kind experiences, the giveaway captured the spirit of the season and generated excitement across the region. Each year, it will continue to grow – bringing even more surprises, partners, and holiday magic.

Make sure you're part of the celebration. Giveaway details, event updates, and announcements will be shared on Facebook, Instagram, and at SmallTownTNChristmas.com as the season approaches.



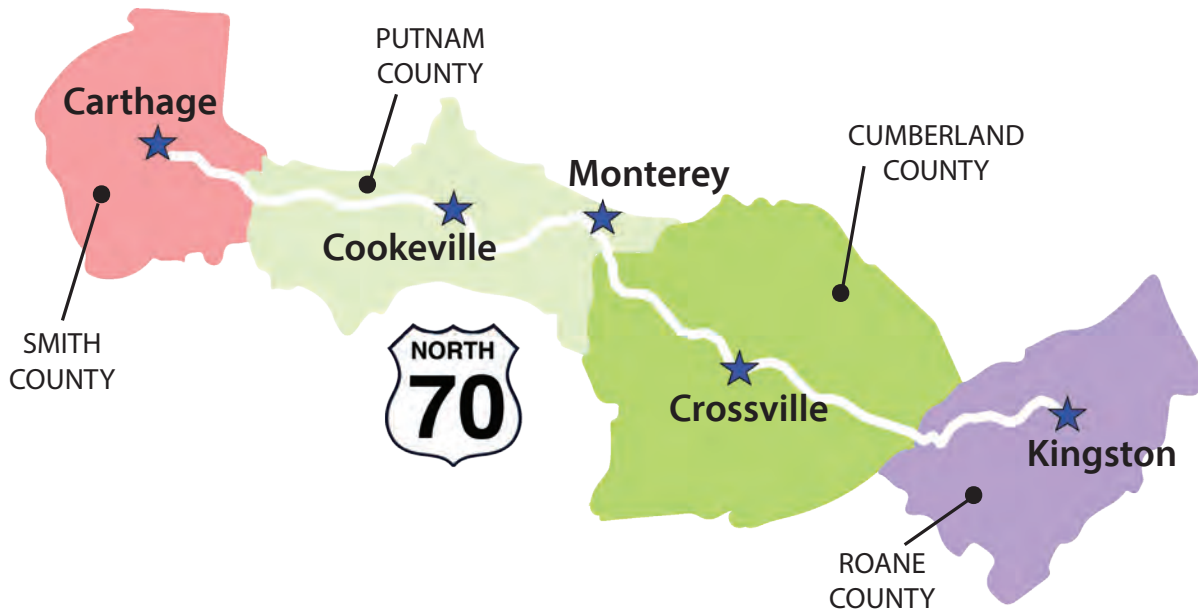


WALTON ROAD HISTORIC BYWAY

by Clayton Hensley

Bee Rock Near Monterey, Putnam County
Photo Credit Clayton Hensley

Old Walton Road extends about 100 miles along U.S. 70.



After the American Revolution, one army captain received a large tract of land in what is now Carthage, TN, as a reward for his service. His name was William Walton, and his legacy stretches out along a scenic byway stretching from Carthage, across the Cumberland Plateau and down into Tennessee's Great Valley in the east.

The byway takes you on an unforgettable journey through picturesque farmland, by natural wonders, historic sites, places with breathtaking views and plenty of charming towns. Much of the route follows old U.S. 70 and which is a slower but more scenic alternative to traveling I-40.

EXPLORING Walton Road

Carthage – The town’s earliest European-American settler was Revolutionary soldier William Walton (the namesake of the road) in the 1780s. Discover the past at the **Smith County Heritage Museum**, and explore the charming downtown and historic landmarks like the **Smith County Courthouse**, the **Walton Hotel** and the 1936 **Cordell Hull Bridge**.

Cordell Hull Lake – The picturesque lake offers activities including fishing, hunting, camping, picnicking, boating, hiking, and horseback riding.

Cookeville – In the Upper Cumberland’s largest city, you will find all kinds of sweet treats and delicious eats. When shopping on the historic **West Side**, you will also find a wide choice of great restaurants for lunch or dinner.

Speaking of historic, check out the **Cookeville History Museum** and the **Depot Museum**. Or reach out to the adjoining City of Algood for a tour of an Antebellum home known as **White Plains**, which started out as an inn for travelers along Walton Road. If you are interested in Civil Rights history, grab a John Dog and a beverage at **John’s Place**. In the 1960s, every restaurant and bar in Putnam County was segregated except for the African-American owned John’s Place, which became a popular hang-out where everyone was welcome, regardless of race. John’s Place is on the National Register of Historic Places.

Monterey – Stroll through downtown and soak up the small town charm, then head over to the old **Train Depot** where you can learn the history of this part of the U.C. The **Bee Rock Overlook** is located just outside of town. Take a short hike to the summit where you can gaze out over the thickly forested ridges and deep valleys, and you’ll understand why Monterey’s motto is “where the hilltops kiss the sky.”

Crossville – With 9 championship golf courses that await golfers of all skill levels, Crossville and Cumberland County lays claim to being the “Golf Capital of Tennessee.” You’ll also find the **Cumberland County Playhouse** here, where you can catch a professional-level play or Broadway production, plenty of places to grab a tasty bite, an outstanding military museum, two wineries, plus lots of shopping and music.

The **Cumberland Homestead Historic District**, south of Crossville, tells the story of the Great Depression and FDR’s New Deal-era initiative which provided Subsistence Homesteads to the region’s distressed farmers, coal miners, and factory workers. Built as part of the project is nearby **Cumberland Mountain State Park**, featuring golf, camping, biking & hiking, cabin rentals, dining and paddling on the man-made lake.

Ozone Falls – On the eastern edge of Cumberland County, you’ll find Ozone Falls State Natural Area. The Falls plunge 110 feet over a sandstone cap into a deep, rock strewn pool.

Kingston & Roane County – High on a hilltop in Kingston, above the confluence of the Clinch and Tennessee Rivers, **Fort Southwest Point** tells a story of this region’s importance in the early days of the state. Built in 1797 just a few years before the Walton Road opened, the fort was home to soldiers initially there to serve as peacekeepers with the Cherokee and to provide escorts for white settlers.



Confluence of the Cumberland & Caney Rivers, Smith County
Photo cCredit Chuck Sutherland



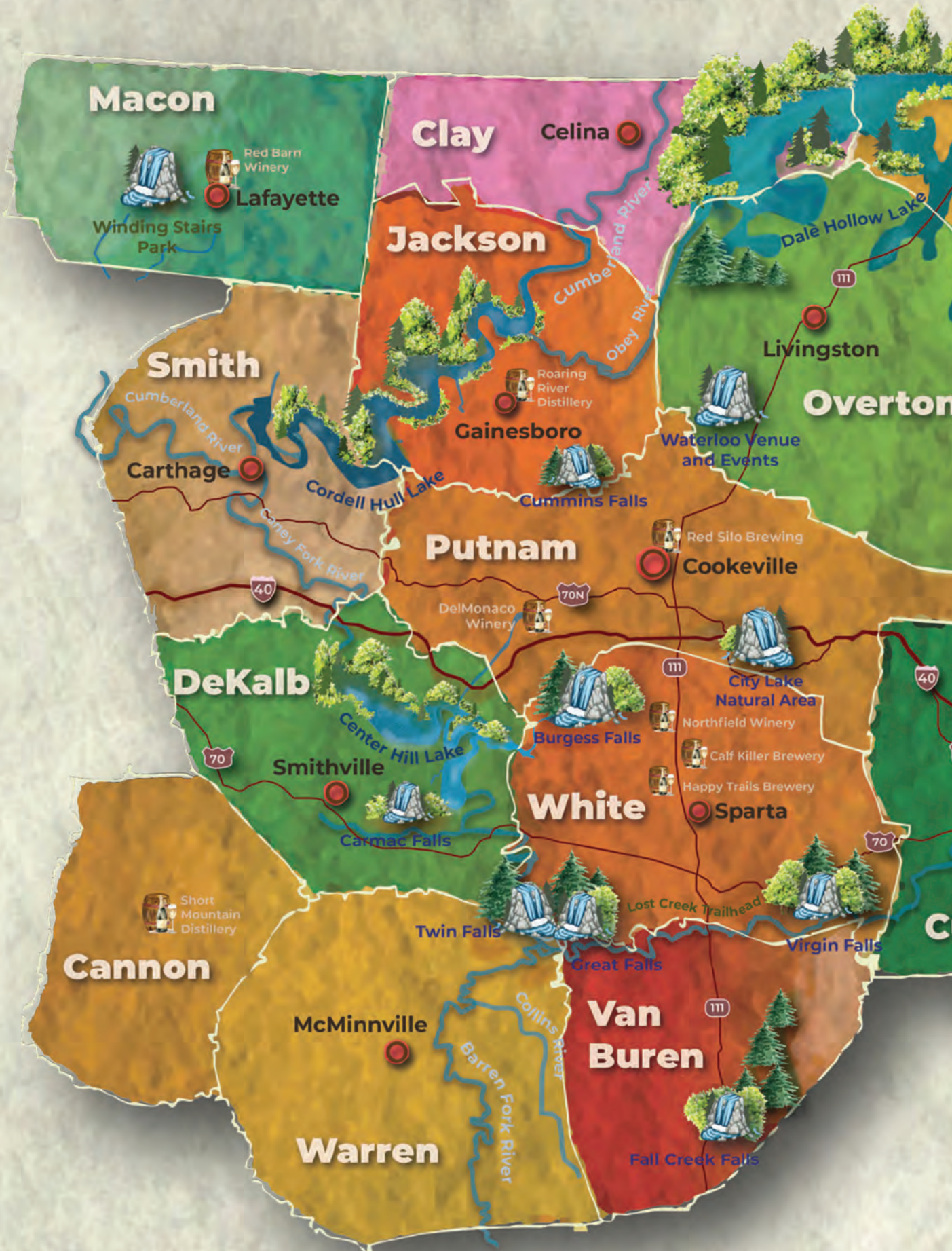
Cream City Sign in Cookeville
Photo Credit Chuck Suther-



Championship Golf Courses in Cumberland County



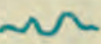






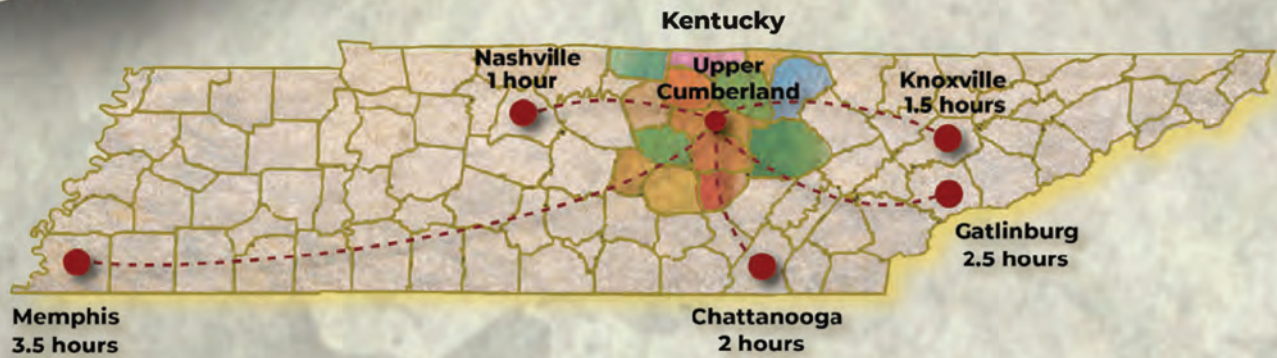
Ozone Falls
Photo Credit H.L.Harder





Map Key

-  Town
-  Lakes
-  Rivers
-  Waterfalls
-  State Park / Natural Areas
-  Bottle & Barrel
-  Main Road



Where Every Road Leads to Something Extraordinary



CUMBERLAND NATIONAL SCENIC BYWAY

Obey River Gorge, Fentress County
Photo Credit Chuck Sutherland

The Byway stretches about 156 miles along a number of routes, including:
U.S. 25 E, State Route 63, S.R. 52, U.S. 127 and S.R. 111.



One of the most popular historic roads, the byway connects 8 counties and 17 communities, stretching across the Upper Cumberland Plateau of Middle and Eastern Tennessee. The byway is known for its winding trails, mountain paths, unique geology, natural beauty, and rich culture and history. From the Cumberland River to the Cumberland Gap, the route is a glimpse into what was once a hidden frontier in America.

The area was once home to Native Americans from many tribes. It was ultimately claimed by the Cherokee people. In 1775, just before the Revolutionary War, Daniel Boone widened the path through the Cumberland Gap, enabling future settlement of the Tennessee and Kentucky regions – known as “Boone’s Trace.”

For more information about the CNS Byway, scan the QR code above, or go to cumberlandnationalscenicbyway.com
Still have more questions? Contact Mark Dudney – mdudney@ucdd.org

EXPLORING

The Cumberland Scenic Byway

Celina – At the western end of the Byway is the old steamboat town of Celina in Clay County. Nearby is the stunning **Dale Hollow Lake**, offering boating, fishing, camping and miles of shoreline to explore.

Standing Stone State Park – More than eight miles of day-use hiking trails, ranging from easy to strenuous, taking you through virgin woods, vivid wildflowers, and around Standing Stone Lake.

Cordell Hull Birthplace State Park – Cordell Hull was the U.S. Secretary of State (1933-1944). He won a Nobel Peace Prize for his role in the creation of the United Nations. Check out the cabin where he was a child, a museum, the historic-themed grounds, and enjoy a hike to **Bunkum Cave** where Hull's father made moonshine.

Forbus General Store – Stop for a fried pie and peruse the unique items on the shelves at the slice-out-of-time 1892 Forbus General Store.

Sgt. Alvin C. York State Park – Walk in the footsteps of one of WWI's most celebrated American heroes. Tour the visitor center, his two-story house, a gristmill, the York Bible School, and a reproduction of a WWI trench.

***Pogue Creek Canyon Natural Area and Pickett CCC Memorial State Park** – *Take a sidetrip on TN 154 from Jamestown* to hike among rock arches, overhanging cliffs, and distinctive geological features. This area is also the home for serious stargazers, and has been named a Silver-Tier international Dark Sky Park.

***Big South Fork National River and Recreation Area** – Explore scenic gorges, sandstone bluffs and the biggest concentration of natural arches in the eastern U.S.

**Both parks have been developed to enhance their natural and historic features with a wide range of outdoor recreational activities including driving scenic back roads, hiking, horseback trail riding, camping, wildlife watching, whitewater canoeing, and interpretive programs.*

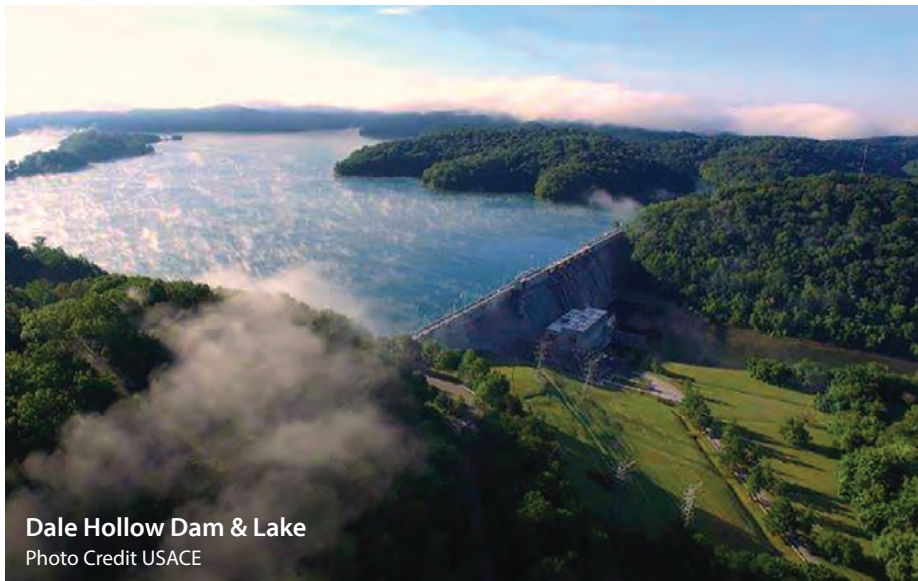
Rugby – Founded in the 1880s as an experimental utopian colony, historic Rugby is a fully restored Victorian settlement where tours of many of the original buildings provide a glimpse into the past.

Cove Lake State Park – The park is a scenic gem whose intimate lake is nestled against the foot of the Plateau.

Devil's Racetrack – Climb to the top of the 1,800-foot-high rock-ribs via the Cumberland Trail, which intersects the Byway near Cove Lake.

Sundquist and Royal Blue Wildlife Management Areas – Travel through the great, unbroken forests, home range for one of only three elk herds in the eastern United States as well as black bear and many rare species.

Powell Valley Road – Just south of the Cumberland Gap, enjoy one of the most scenic back roads in Tennessee.



Dale Hollow Dam & Lake
Photo Credit USACE



Bunkum Cave
Photo Credit Chuck Suther-



York Mill, Sgt Alvin C York State Historic Park
Photo Credit H.L.Harder



Pogue Creek Canyon Natural Area
Photo Credit Chuck Suther-



12 Self-Guided Scenic Rides

For those of you who like to escape to the open road, the scenic byways and loop routes in the 14 counties offer epic rides through beautiful landscapes. Many of the described rides begin and end at Cookeville, the hub of the Upper Cumberland. While satisfying a biker's craving for curves, these routes are enjoyed by everyone who just enjoys a pretty ride.

Center Hill Thrill – About 77 Miles

Make your way along the historic Walton Road Scenic Byway through Buffalo Valley, home to the Middle Tennessee Dragway. Travel along Highway 96 near **Edgar Evins State Park** through Smithville, and stop by the **Appalachian Center for Craft**, a satellite campus of **Tennessee Tech University** promoting excellence in American craft. Cross over Center Hill Lake, which holds 415 miles of largely undeveloped shoreline and 18,200 acres of deep, pure water. While in Baxter, enjoy a history lesson at the **Baxter Depot Museum**, one of the three depot museums in Putnam County.

Famous Falls – About 178 Miles

Take in the welcoming waterfalls of **Burgess Falls State Park**, where the Falling Water River drops 250 feet around breathtaking scenery and awe-inspiring overlooks. Next, savor the scenic beauty of **Rock Island State Park**, a park dominated by the **Great Falls of the Caney Fork River**. This 883-acre park has a natural sand beach on Center Hill Reservoir. Continue on to **Fall Creek Falls State Park**, voted by *Southern Living Magazine* as the best state park in the southeastern United States. The park boasts **Fall Creek Falls**, the highest waterfall in the eastern United States at 256 feet. Finalize your falls tour in Crossville at the popular **Ozone Falls**.

Over the Lakes and Through the Parks – About 149 Miles

With three lakes that create more than 1,200 miles of shoreline and 16 state parks and natural areas within a 45-minute drive of Cookeville, this ride will allow you to weave alongside wonderful waterways. Cross over **Cordell Hull Lake** as you make your way through the historic and charming towns of Gainesboro and Granville. Explore the curving countryside of Buffalo Valley, then cross Center Hill Lake and travel through the 6,000-acre **Edgar Evins State Park** near Smithville. Revel in **Rock Island State Park's** winding roads and wondrous waterfalls. Enjoy the bows and bends carrying you onward through **Burgess Falls State Park**, deemed one of the "Top Five Ways to Stay Cool in Tennessee" by *Southern Living Magazine*.





Bridge Over Center Hill Lake, DeKalb County
Photo Credit Chuck Sutherland



State Road 56 descending from the Cumberland Plateau



State Road 52 in Pickett County

Sergeant York's Ride – About 115 Miles

Wind your way through the hills around Livingston and across Dale Hollow Lake into Byrdstown and onward to Highway 127, home to the World's Longest Yard Sale. Discover a heroic history at the **Sergeant Alvin C. York State Historic Park**, located in the Pall Mall community of the Wolf River Valley. The State Park pays tribute to York, the marksman who became one of the most decorated soldiers of World War I. Continue to Jamestown, home to Tennessee's oldest winery, **Highland Manor**. **Sawbriar Brewing** brews craft beer at the same location.

Standing Stone Loop – About 94 Miles

Ride through Livingston and weave through the hills and valleys of the Upper Cumberland into **Standing Stone State Park**. The park covers nearly 11,000 acres and is noted for its outstanding scenery, spring wildflowers, and fossils. Circle back through historic Gainesboro, located near Cordell Hull Lake, then continue your tour along the charming, rural terrain into Granville, where you can experience bygone days. Take in scenic rural landscapes as you return on the historic Walton Road Scenic Byway.

That Dam Ride – About 184 Miles

At **Burgess Falls State Park**, enjoy picnicking below the dam, which is also a popular fishing spot along the Falling Water River. Take Highway 70 across Center Hill Lake toward the Buffalo Valley Recreation Area to see **Center Hill Dam**, a 260-foot structure composed of concrete and earth. Continue your "dam good" tour to **Cordell Hull Reservoir**. Its gravity dam, located near Carthage, rises 87 feet above the streambed and is 1,306 feet long. Resume your route to **Standing Stone State Park**, which boasts a dam forming the X-shaped Standing Stone Lake. Next stop is **Dale Hollow Dam and Lake**. Situated on the Tennessee border, the **National Fish Hatchery** is the largest federal trout hatchery east of the Mississippi, producing 1.5 million trout annually.

The Boilermaker – About 120 Miles

Expect an education in stein and 'shine as you tour the Upper Cumberland's first microbrewery and moonshine distillery. Begin by heading to Blue Springs Road, just off Calfkiller Highway. **Calfkiller Brewing Company** is minutes from downtown Sparta. With luck, the Sergio brothers will share their history in hops. Head across Center Hill Lake to **Short Mountain Distillery**. Short Mountain is Tennessee's sixth distillery making authentic, small-batch Tennessee moonshine, bourbon and Tennessee whiskey. As you turn back, take in the beauty of Hurricane Bridge Recreation Area, located on the west side of Center Hill Lake. Add some wine to your stein and 'shine as you circle back through Baxter, home to **DelMonaco Winery and Vineyards**.

Water to Wine Route – About 160 Miles

Cummins Falls, situated inside a 211-acre state park, was voted one of the top 10 swimming holes in the U.S. by *Travel and Leisure Magazine*. As you are carried down the Promised Land Trail to **DelMonaco Winery and Vineyards** in Baxter, you can continue to **Stonehaus Winery** atop the Cumberland Plateau. U.S. Highway 127 will take you to Jamestown, home of Tennessee's oldest winery, **Highland Manor Winery (and Sawbriar Brewing)**, and the headquarters of the 127 Corridor Sale, 690 miles of authentic "American picking" that takes place every August. As you travel back to Cookeville over Wilder Mountain, these rural back roads will lead you to **Monterey's Depot Museum** for some local railroad and regional history.

Calfkiller Loop – About 67 Miles

Bask in the beauty of **Burgess Falls State Park** and its cascading waterfalls. As you journey toward Sparta – home of world-famous whitewater kayaking manufacturer, **Jackson Kayak** – take in the sights of **Liberty Square**, including the historic **Oldham Theatre**. Keep an eye out along the Calfkiller River as you wind through wonderful scenes of water and wildlife. Stop in for an education in craft brewing with "the beer brothers," Don and Dave Sergio. They own the famous **Calfkiller Brewing Company**, the region's first micro-brewery. Prepare for a rush along the Calfkiller Highway – characterized by plentiful curves, bends and turns - as you journey back to Monterey. Follow the old Walton Highway back to Cookeville.

Byway to Bluegrass – About 105 Miles

Let the Historic Walton Road Scenic Byway carry you through Sparta, known as Bluegrass USA and hometown of legendary bluegrass artist Lester Flatt. Take in views of the countryside leading you to **Cumberland Caverns**, Tennessee's largest show cave and a U.S. National Natural Landmark. The cave displays some of the most spectacular formations in America. Located 333 feet below ground, The Volcano Room with its chandelier doubles as an amphitheater for music performances. Continue to Smithville, where the annual **Fiddlers' Jamboree and Crafts Festival** draws thousands. And for more bluegrass, stop by **The Whistle Stop Cafe** as you head back through Baxter.

Ride Back in Time – About 109 Miles

Let the winding roads of the Upper Cumberland take you back in time. Discover a healing and haunting history in Red Boiling Springs with points-of-interest like the **Armour's Hotel** and the **Thomas House**. Step back in time as you are welcomed to Granville, home of the **Sutton Ole Time Music Hour**, **T.B. Sutton's General Store** and **Sutton Homestead and Pioneer Village**.

Rugby Ride – About 179 Miles

Take in the scenery as you venture through Livingston and Jamestown along curving and captivating roadways. Cross into the **Big South Fork National River and Recreation Area**, which encompasses 125,000 acres of the Cumberland Plateau. The park is rich with natural and historic features. Make your way into **Rugby**, a restored Victorian village founded in 1880 and nestled between the Big South Fork National Recreation Area and the Rugby State Natural Area. Enjoy lunch and take in the rugged river gorges and historic trails. Travel on to the home of the **World's Largest Pumpkin in Allardt**, then coil your way back along the turns and switchbacks of Wilder Mountain.



Standing Stone in Overton County



Highway 70 Near Cookeville
Putnam County



Red Boiling Springs, Covered Bridge
Macon County

Photo Credit H.L. Harder



Freestate Road Along the
Cumberland River



Photo Credit: Tim Manus

127 YARD SALE

August 6 - 9, 2026

In August each year serious pickers travel 690 miles of sheer collectors' heaven. The 127 Yard Sale stretches from Michigan to Alabama, through the Upper Cumberland from Jamestown to Crossville. It started many years ago in Jamestown, which is the headquarters of the world's longest yard sale. Vendors set out along miles of highway, they're also clustered on side roads and where there is open ground, such as in community parks.

In Clarkrange, Cumberland Mountain General Store is considered by a lot of shoppers to be the premier spot for the yard. Serious buyers book their lodging a year in advance and rent trucks and trailers to haul their finds. Since the sale covers six states, a lot of planning is advised.

Information about the trail, lodging and vendors are at 127yardsale.com.

GATEWAY TO DALE HOLLOW

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 TENNESSEE
 CELINA

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- WORLD-RECORD SMALLMOUTH BASS LAKE

In Clay County you'll find delicious food, fun events and comfortable lodging. Best of all, you'll meet people who are glad you came to visit. Clay County, Tennessee, is a destination for travelers who love nature, water and small-town. Celina, the county seat, is the southern gateway to Dale Hollow Lake, which offers houseboating, fishing, hunting, camping, boating, kayaking, hiking, horseback riding, scuba diving, canoeing, water sports, lakeside cabins and more. In addition to Dale Hollow Lake, two rivers – the Cumberland and the Obey – run through the county. Come see the beauty hidden between the waters.



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the Sawbriar
at Big South Fork

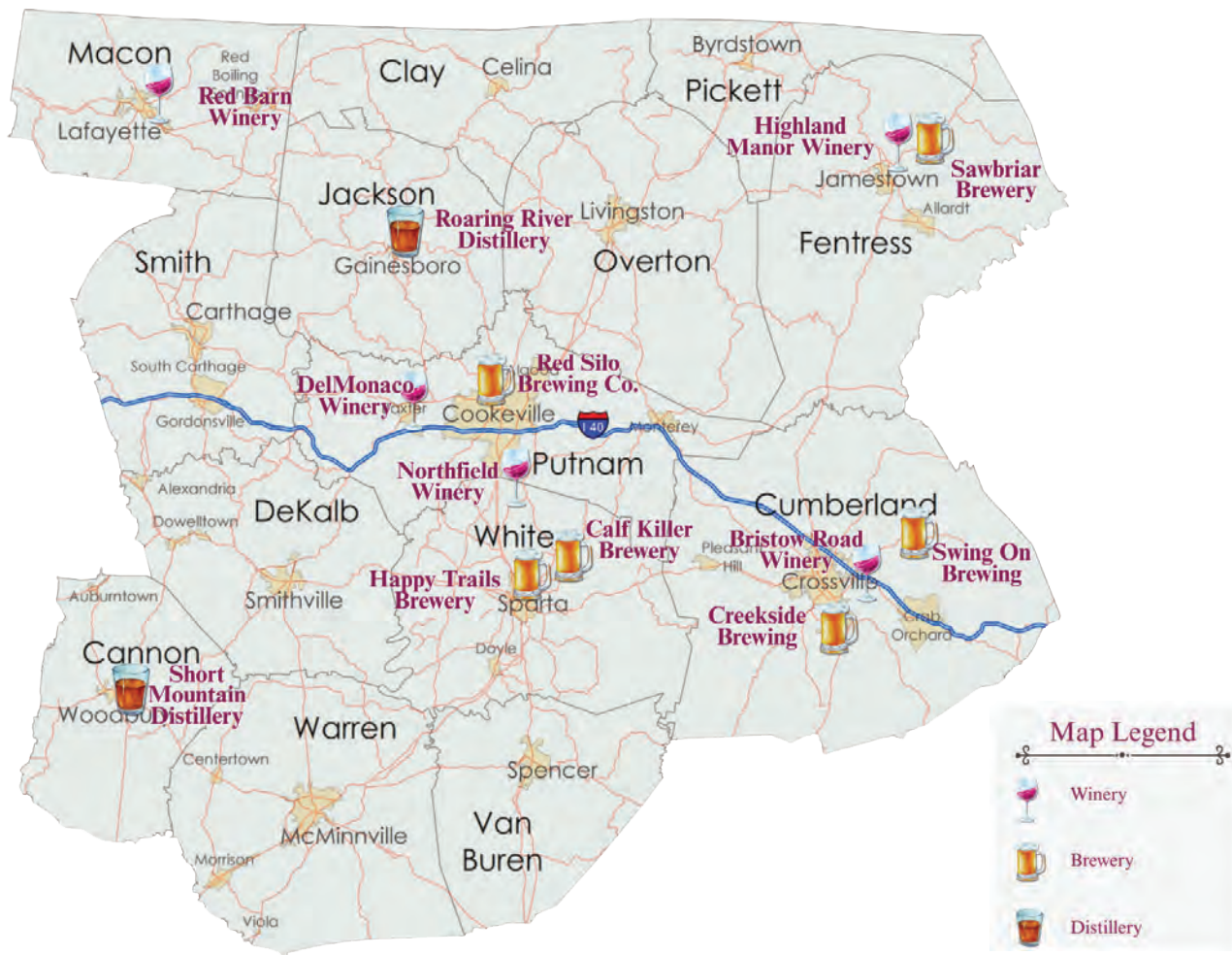


BOTTLE & BARREL TRAIL

Discover the flavors of Tennessee's Upper Cumberland on this curated Brew, Wine & Spirits Trail. This west-to-east route connects locally owned breweries, wineries, distilleries, and meaderies with scenic backroads, small towns, waterfalls, lakes, and outdoor adventures. Follow the trail from start to finish or explore it in sections – no required order. Each stop offers a unique taste of the region and a reason to linger.



BOTTLE & BARREL WEST – EAST TRAIL ROUTE



WARREN COUNTY

Short Mountain Distillery

A nationally respected craft distillery rooted in tradition, Short Mountain Distillery produces small-batch Tennessee spirits using heritage methods and locally sourced ingredients. Their commitment to quality and authenticity has earned recognition well beyond the region.

Nearby ideas: Explore downtown Woodbury, antique shops, and scenic countryside drives through Warren County's rolling hills.

JACKSON COUNTY

Roaring River Distillery

Located near the scenic Roaring River, this family-owned distillery produces handcrafted moonshine inspired by Appalachian traditions and local history. The experience reflects the heritage and character of rural Tennessee.

Nearby ideas: Stroll the historic Gainesboro square, browse antiques, or enjoy views along the Roaring River.





FENTRESS COUNTY

Highland Manor Winery

A longtime staple of the Upper Cumberland, Highland Manor Winery is known for approachable wines and a welcoming atmosphere. The historic setting makes it an inviting stop for casual tastings.

Sawbriar Brewing Company

Sawbriar Brewing Company offers locally crafted beer in a friendly, small-town taproom that reflects Jamestown's close-knit community feel.

Nearby ideas: Make Jamestown a two-stop destination, then head to Big South Fork National River & Recreation Area for hiking, overlooks, or scenic drives.

WHITE COUNTY

Calkiller Brewing Company

One of Tennessee's most recognized craft breweries, Calkiller Brewing Company is celebrated for bold flavors, experimental brews, and a strong regional following.

Happy Trails Brewing Company

Happy Trails Brewing Company delivers easy-drinking craft beers in a relaxed, welcoming environment that fits Sparta's outdoor-loving culture.

Nearby ideas: Visit Rock Island State Park, Twin Falls, or spend time exploring downtown Sparta.

PUTNAM COUNTY

DelMonaco Winery & Vineyards

DelMonaco Winery & Vineyards is a regional favorite offering vineyard views, award-winning wines, and a lively tasting room atmosphere near Center Hill Lake.

Red Silo Brewing Company

Located in historic downtown Cookeville, Red Silo Brewing Company serves classic and seasonal craft beers in a walkable, community-focused setting.

Nearby ideas: Explore downtown Cookeville, dine locally, or add a waterfall hike at Burgess Falls or Cummins Falls State Parks.



CUMBERLAND COUNTY

Bristow Road Winery

Bristow Road Winery features a beautifully restored barn-style tasting room and a growing selection of traditional wines. The spacious setting, live music, and events make it a favorite gathering place on the plateau.

Swing On Brewing Company

Swing On Brewing Company offers a fun, welcoming taproom with a sporty vibe and a loyal local following. It's a go-to stop for visitors looking to relax and enjoy the Crossville scene.

Creekside Brewing Company

Creekside Brewing Company delivers handcrafted beers in a casual, comfortable setting that reflects Crossville's laid-back Cumberland Plateau lifestyle.

Nearby ideas: Explore Crossville's golf courses, scenic overlooks, local dining, or continue west for a full weekend getaway.

FATHER TOM'S

PUB

Open Monday-Saturday 11:00 am to 10:00 pm
32 North Cedar Avenue
Cookeville Tennessee

fathertomspub.com



DINING TRAIL



BYRDSTOWN – **Scratch Kitchen**

A charming American restaurant known for its dedication to fresh, homemade comfort food. Items on the menu include classic American meals with a salad bar, as well as rolled ice cream. Signature dishes like the BLT salad, pimento cheese, and sourdough waffle fries keep patrons coming back.

CARTHAGE – **Nobels**

A family-friendly restaurant serving American/Italian dishes like artisan pizza, burgers, and salads in a cozy, history-themed space that honors local Nobel Peace Prize winners (Cordell Hull & Al Gore), known for its rustic charm, community focus and live music.

COOKEVILLE – **Crawdaddy's West Side Grill**

A taste of New Orleans, offering Cajun-inspired dishes like Crawfish Étouffée and Jambalaya. Featuring a popular patio and courtyard, making it a favorite spot for both locals and visitors seeking authentic flavors and a vibrant dining experience.

COOKEVILLE – **Father Tom's Pub**

A warm, inviting atmosphere with a menu featuring gourmet burgers, hearty soups, and handcrafted sandwiches. With 14 rotating craft beer taps, it's a go-to spot for beer lovers and food enthusiasts alike, providing a perfect blend of quality flavors, great drinks, and a cozy pub experience.

CROSSVILLE – **The Pour House**

This downtown gem has become known for its inventive menu, from gourmet burgers and seafood-driven specials to intriguing daily creations. Pair the food with craft beers, wines, and handcrafted cocktails.

CROSSVILLE – **Gondola Pizza and Steak House**

From the limoncello cake to the house special pizza, everything is made with fresh ingredients, in-house, every day. Popular, family-friendly, and one of Crossville's favorites, it prides itself on affordable prices, great service, and most importantly, delicious food.

GAINSBORO – **Stolen Coin Oyster Bar & Bistro**

Offering Gulf Coast-style cuisine in a cozy Southern environment. Their menu features fresh oysters prepared various ways, blackened red snapper, and Cajun-style ribeye. Desserts like bread pudding with brandy raisin sauce complement the meal, and Sunday brunch includes a Bloody Mary Bar and bottomless mimosas.

GAINSBORO – **The Board Room Steakhouse**

An upscale steakhouse flavor with hand-cut steaks, hearty sides, and a welcoming atmosphere that's perfect for dinner with friends or a special date night.

LIVINGSTON – **Brazen Que**

A highly-rated, Texas-style craft barbecue restaurant known for its "big, bold" flavors, live-fire cooking with oak wood, and exceptional brisket, dino ribs, and in-house smoked sausages (like "Hot Guts" and Jalapeño Cheddar).





MCMINNVILLE – Barren Fork Brews

Menu items include smash burgers, smoked turkey, and wings, plus brunch on weekends. A relaxing patio and bar. Brewed coffees and hand-crafted cocktails. Games for the kids and TV'S for all of the game-days!

MCMINNVILLE - Collins River BBQ

The restaurant serves delicious, smoked BBQ in a relaxed, family-friendly atmosphere. This local favorite offers mouth-watering pulled pork, smoked wings, and signature sides, along with live music and craft beers. It's the perfect spot for casual dining, catering, and private events.

MONTEREY - Sapori di Napoli

From handcrafted pasta dishes to decadent desserts, every meal brings the rich flavors and time-honored traditions of Italy, and Naples, to the heart of Tennessee.

SMITHVILLE – Twisted Oaks

A popular, family-owned spot known for creative American diner food, live music, games (pool, Jenga, corn-hole), and karaoke. A rustic, friendly, roadhouse vibe with indoor/outdoor seating, offering scratch-made dishes like the signature Rattlesnake Pasta and Fried Fred Burger.

SPARTA - Brothers Tavern

A blend of American classics and Mediterranean flavors. Known for its friendly service, and dishes like gyro platters, chicken kabobs, Philly cheesesteaks, and Greek specialties such as spinach triangles and baklava.

WALLING - Foglight Food House

Offering Southern-inspired cuisine with a creative twist. Perched above the scenic Caney Fork River, this rustic yet eclectic restaurant serves fresh seafood, steaks, and Cajun flavors in a cozy, laid-back atmosphere, perfect for a memorable dining experience.

COFFEE TRAIL

CARTHAGE – RoKaBilly Coffee

A cozy coffee shop that serves handcrafted coffees, teas, frappes, and homemade pastries.

COOKEVILLE – SoulCraft Coffee

Found on the historic West Side, SoulCraft serves fresh roasted coffee, and other beverages plus pastries, breakfast and lunch.

COOKEVILLE – Vertical Coffee

Serving quality coffee that is fair trade certified, organic, fresh-roasted and delicious.

CROSSVILLE - Grinder House

Offering java, American breakfast & lunch fare, plus a weekly live music show.

JAMESTOWN – Campfire Coffee

Offering free-roasted coffee, hot chocolate, tea lattes and a variety of energy refreshers. Also serving breakfast, lunch and desserts, in-shop or at the drive-thru.

LAYFAYETTE – Social Grounds

Serving a variety of espresso-based drinks and delicious food to get your morning started or wind down your day in a welcoming atmosphere.

LIVINGSTON – Wired Coffee Co.

Featuring coffee drinks, teas, and desserts at affordable prices in a relaxing atmosphere. They also have a convenient drive-thru.

MCMINNVILLE - The Cafe at Tree City

Priding itself on customer service, this is a relaxed place just to hang out. Enjoy coffee, tea, a variety of drinks and free WiFi.

SMITHVILLE – Button Willow General Store and Coffee Shop

Offering gourmet coffee, lattes, iced coffees, frappuccinos, boba drinks and fresh baked goods PLUS a variety of gifts, specialty items and local art.

SPARTA – Coffee Collective

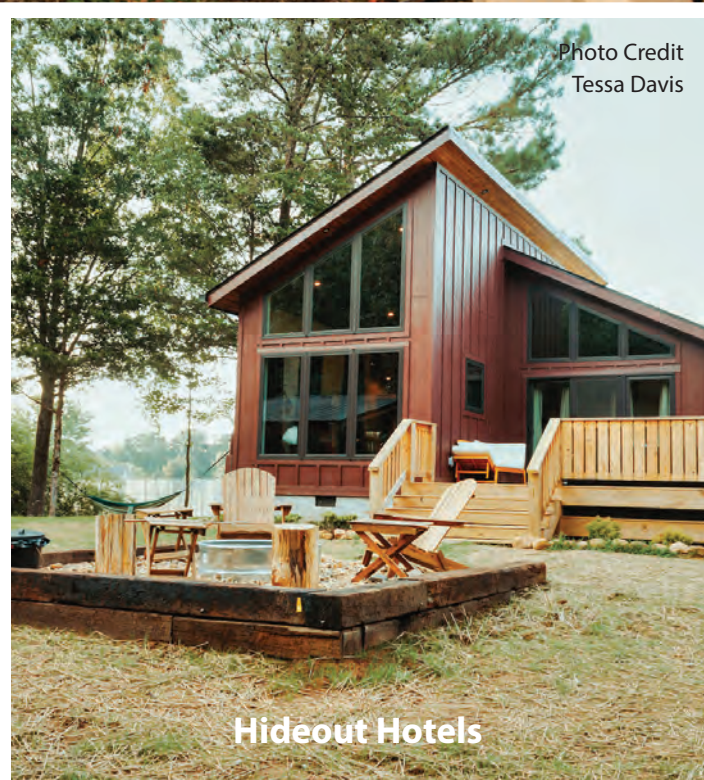
In house roasted coffee, specialty drinks & teas. Pastries are baked fresh each morning, plus a full kitchen ready to make you breakfast or lunch until 3pm each day.





**FIND
THE
PERFECT
STAY**

From boutique lofts and modern hotels to glamping escapes and lakeside resorts, Tennessee's Upper Cumberland offers a wide range of lodging options designed to fit every travel style. Whether you're planning a weekend getaway, extended lake stay, or outdoor adventure, these properties provide comfortable home bases close to the region's top attractions.





Your Glamping Adventure

COOKEVILLE HIDEOUT HOTELS

Best Known For: Modern design, convenience, boutique hotel experience.

Thoughtfully designed rooms that blend comfort and style, making it a great choice for both leisure and business travelers. Modern accommodations near shopping, dining, and Tennessee Tech.

Stay Connected: Centrally located for exploring. Close to Burgess Falls, local events, and downtown Cookeville.

CUMBERLAND COUNTY FAIRFIELD GLADE RESORT

Best Known For: Resort amenities, golf courses, lakes, year-round recreation.

Offering a full-service resort experience with a variety of lodging options, surrounded by lakes, trails, and championship golf courses.

Resort-style accommodations for all seasons.

Play & Stay: Ideal for active travelers and extended vacations.



Wildwood Marina & RV Resort

GRANVILLE

WILDWOOD MARINA & RV RESORT

Best Known For: Lakeside cabin stays, marina access, RV and camping stays, corporate retreats.

Providing a laid-back lakeside lodging experience with options ranging from cabins to RV sites, all just steps from the water. The property also serves as a unique setting for corporate retreats and group gatherings, combining waterfront stays with on-site amenities. Waterfront lodging with full marina services.

Stay by the Water: Great for boating, fishing, lake life, and corporate retreats.

LIVINGSTON

WATERLOO TENT IN THE TREES

Best Known For: Elevated glamping, wooded setting, peaceful retreat.

A unique glamping experience surrounded by nature, combining the adventure of camping with the comfort of a well-appointed tent retreat on with several waterfalls on site.

Unplug & Relax: Ideal for nature lovers seeking quiet and privacy.

MCMINNVILLE

SOUTHERN BLUE

Best Known For: Boutique lodging, stylish interiors, downtown proximity.

Offering thoughtfully curated lodgings that reflect McMinnville's charm, providing guests with a cozy and inviting place to unwind after exploring the area. Comfortable stays with a local feel.

Explore Nearby: Close to dining, shopping, and outdoor attractions.



Escape to Center Hill

SILVER POINT
LODGE • TN

Best Known For: Lake proximity, group-friendly lodging, outdoor access.

Offering convenient lodging near Center Hill Lake, making it a great base for boating, paddling, and outdoor adventures in the Upper Cumberland. Spacious lodgings ideal for large groups and families. Great outdoor patio space.

Get Outside: Minutes from marinas, trails, and the Caney Fork River.

SMITHVILLE
ESCAPE TO CENTER HILL

Best Known For: Cabins, chalets, and vacation homes, lake views, flexible stays for couples to groups.

Offering a diverse collection of cabins, chalets, and vacation homes near Center Hill Lake, designed to accommodate everything from romantic getaways to large multi-family stays. With modern amenities and scenic surroundings, these properties provide comfort, space, and privacy for every type of traveler.

Stay Your Way: deal for couples, families, and groups looking for a refined lake-area retreat.

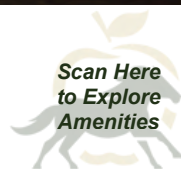
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Your Glamping Adventure

SMITHVILLE
YOUR GLAMPING ADVENTURE

Best Known For: Luxury glamping, unique accommodations, and outdoor immersion.

Memorable stays in stylish glamping domes and tree tent units designed to immerse guests in nature while maintaining comfort and convenience.

Stay Unique: Perfect for couples, families, and adventurous travelers.

SMITHVILLE
THE RETREAT AT CENTER HILL LAKE

Best Known For: Scenic lakefront lodging campus, group retreats, cabins and suites.

Perched on the shores of Center Hill Lake, and offering rustic charm with versatile lodging options, including lodge rooms, condo-style suites, and cabins, making it perfect for families, gatherings, and group retreats that want silence and space near the water. Great for family reunions, retreat groups, and memorable multi-night stays near the water.

Stay by the Water: Rustic-luxury stays with easy access to lake views and outdoor spaces.

SPARTA
LIBERTY SQUARE LOFTS

Best Known For: Boutique loft-style stays, historic downtown location, walkable dining and shopping.

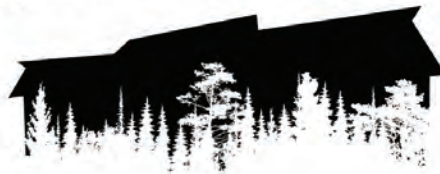
Located in the heart of downtown Sparta, offering stylish, modern accommodations within a beautifully restored historic building, perfect for travelers who want comfort with character. Downtown lodging, shops, dining, and local attractions.

Stay Central: Ideal for exploring Sparta, nearby waterfalls, and scenic drives.



- Center Hill Lake
- Sleeps 21
- Outdoor Oasis

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Thoughtfully Curated. Naturally Serene





VISIT THE PLACES THAT INSPIRED THE MUSIC



Discover people and places significant to music history for an experience that can only be Made in Tennessee. More songs are written, recorded, and played live here than anywhere else in the world.

Tennessee Music Pathways connect you to the people, places, and events that shaped music history.

Be it a story of the past, a star of the present, or the promise of the future, this statewide program identifies, explains, and preserves the legacy of music in Tennessee.

A “★” on the following page indicates a designated Tennessee Music Pathway site.



MUSIC & ENTERTAINMENT

Live music can be found in small-town venues, community centers, and outdoor gatherings throughout the region. These performances often feature local musicians who carry on traditions passed down for generations. You can find orchestral, contemporary sounds, traditional Appalachian music, songs that reflect Southern culture, and something to satisfy nearly every musical taste.

The region is rich with seasonal festivals and concerts, blending music with food, crafts, and family friendly fun. The events bring together regional artists, songwriters, and performers in relaxed, welcoming settings. Outdoor stages in parks and historic downtowns create a casual atmosphere where visitors can enjoy music under the open sky.

Theaters and cultural centers are sprinkled throughout the Upper Cumberland. You can attend everything from Broadway plays to community theater, storytelling nights, and heritage celebrations. Visitors often find that the area's entertainment is as genuine and memorable as the landscape.



ON WITH THE SHOW...

Bert Driver's Burlap Room

Live music, local musicians, fire pits, a sandbox and children's play area, plus the largest beer garden in Tennessee.

Bryan Symphony Orchestra

Based at Tennessee Tech University, the Bryan Symphony Orchestra is the only professional symphony in rural Tennessee. The symphony plays classical and pops, performing a broad range of repertoire to a wide and diverse audience. Performances are held in the 500-seat Wattenbarger Auditorium on campus.

★ **Cookeville Performing Arts Center**

Cookeville's top performance theatre offers a 456 seat venue adjacent to Dogwood Park Performance Pavilion. CPAC produces award-winning theatre productions, dance performances and concerts.

★ **Cumberland County Playhouse**

In Crossville, make plans to visit the Cumberland County Playhouse. The Playhouse is home to award-winning theatrical productions, including amazing musicals, special events and concerts.

★ **Grinder House Coffee Shop in Crossville**

Besides serving up great food and coffee, the Grinder House offers live music with national and international acts performing in an intimate listening room atmosphere every Saturday evening.

Happy Trails Brewing Company in Sparta

Great beer, delicious food and a unique, family friendly atmosphere that showcases live music, trivia, music bingo, karaoke, and more!

★ **Liberty Square: A Lester Flatt Celebration**

Celebrating the bluegrass heritage of the area in Lester Flatt's hometown of Sparta. Held the 2nd Saturday in October, this free event brings in national and international touring bluegrass artists for a full day of music.

Muddy Roots Music Festival

Named a top festival by Rolling Stone Country. Three days of music, camping, vintage cars, vendors and pinups. From punk to rational country, guests will find something to love just north of Cookeville.

★ **Palace Theatre in Crossville**

Built in 1938 and fully restored, the theatre features live music and entertainment throughout the year.

★ **Smithville Fiddlers' Jamboree & Crafts Festival**

The Smithville Fiddlers' Jamboree draws musicians, craft artists and spectators each summer to pay tribute to Appalachian art and culture.

★ **Sutton Ole Time Music Hour in Granville**

Billed as Tennessee's best bluegrass and ole time music, the Sutton Ole Time Music Hour features different groups each Saturday night with a 6pm warm up show and 7pm syndicated radio show, aired on the famed country music station, 650 WSM out of Nashville. The show takes place in the Sutton General Store in historic Granville.

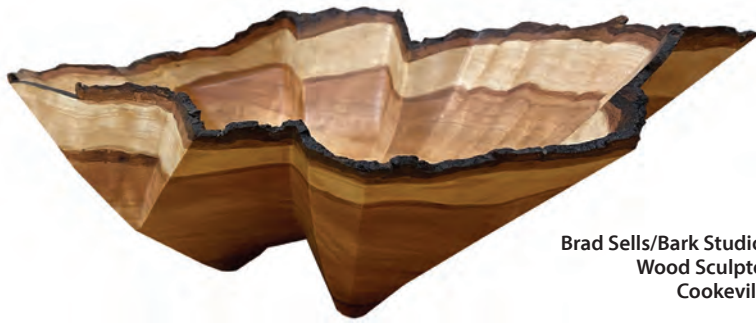
Park Theater in McMinnville

Opened in 1939 as a grand downtown entertainment hub and beautifully restored, the grand, old theater hosts a wide variety of musical performances and songwriter showcases.

***A star (★) indicates a designated Tennessee Music Pathway site.

For more music and entertainment venues and events, please go to tnuppercumberland.com, follow Upper Cumberland Tourism on Facebook, or use the QR code to go to the website.

The Upper Cumberland ART SCENE



Brad Sells/Bark Studios
Wood Sculptor
Cookeville

The Upper Cumberland offers a vibrant and authentic art scene that reflects the spirit of the land and its people. For visitors interested in purchasing local art, the area provides a rewarding blend of tradition, craftsmanship, and contemporary creativity.

Artists in the Upper Cumberland draw inspiration from the region's natural beauty and Appalachian heritage. You'll find paintings and photography capturing misty waterfalls, rolling farmland, and historic downtowns, alongside hand-thrown pottery, wood-turned bowls, woven textiles, metalwork, and folk art that offers a meaningful connection to this remarkable region.

Charming town centers such as Cookeville, Crossville, Sparta, and Livingston feature galleries, artist co-ops, and small studios where visitors can meet artists, watch demonstrations, and learn about the stories behind each piece. Seasonal art walks, festivals, and craft fairs provide an opportunity to browse a wide variety of work in a relaxed, welcoming setting.

Whether you're searching for a statement piece, a handmade gift, or a small keepsake to remember your trip, the artists of the Upper Cumberland offer something unique and personal. Take time to explore, ask questions, and bring home a piece of Upper Cumberland's creative soul and an authentic reminder of your adventure.



Damon MacNought
Glass Artist
Appalachian Center for Craft



Brenda Curtis
Quilting
Granville

Where To Find Local Art

Appalachian Center for Craft (Smithville):

This is a nationally recognized school for artists offering studio space, seasonal workshops, and a gallery featuring contemporary American fine craft.

Cookeville Art Studio and Gallery

(Cookeville): A non-profit organization that has served the area for 40 years, offering classes, workshops, and monthly exhibits featuring local and regional artists.

Plateau Creative Arts Center – Home of the Art Guild of Fairfield Glade (Crossville):

Run by the Art Guild of Fairfield Glade, this center includes a gallery for local artwork, a gift shop, and offers various art classes and workshops.

The Art Jam (Cookeville):

An art studio that provides a fun, low-stress environment for group activities, paint nights, and private art lessons.

The Arts Center of Cannon County

(Woodbury): A unique model for rural arts organizations, this center includes a theatre program, art gallery, and craft shop.

Regional Arts Initiatives

Art Round Tennessee (ART) & the Art Prowl:

A non-profit organization based in Cookeville dedicated to supporting artists and engaging the community in visual art experiences.

Off the Beaten Path Studio Tour (In DeKalb and Cannon Counties):

A non-profit organization based in Cookeville dedicated to supporting artists and engaging the community in visual art experiences.

Upper Cumberland Arts Alliance (UCAA):

A non-profit organization focused on nurturing, celebrating, and assisting artists and other art organizations across the 14 counties of the Upper Cumberland region.



Spotlight on the Appalachian Center for Craft

High on a wooded ridge overlooking Center Hill Lake is an internationally recognized school that produces some of the finest artists and craftsmen in the country. The **Appalachian Center for Craft** is a campus of the nationally accredited School of Art, Craft & Design within the College of Fine Arts at Tennessee Tech. It is an enclave for creativity as students are taught by master artists to develop their skills in wood, metals, fibers, clay and glass media.

The Center's **Fine Art Retail Gallery** showcases art you can purchase in a wide range of media, and is considered one of the best retailers of contemporary American fine craft in the southeast. It represents the work of 100+ artists whose work ranges from the contemporary to the traditional. You can find world-class, handmade functional and sculptural fine craft including handblown glass, ceramics, jewelry, furniture, decorative metals and ironwork, quilts, textiles and weaving, clocks, lamps, candles, wood carvings and turned bowls, plus books and craft supplies.

If you want to go for a walk and contemplate your potential purchases, take a hike on one of the four hiking trails on site, which deliver beautiful views of Center Hill Lake. The hikes range from easy (the 2-mile Overlook Road Walk) to difficult (the 2.8-mile Pedigo Point Trail).

You'll want to wander through the exhibition spaces which display work from students, faculty, workshop instructors, artists in residence and alumni. The Craft Center hosts multiple exhibitions annually featuring functional and sculptural works of traditional and contemporary fine craft and mixed media by international, national and regional artists including artists from the campus.

Throughout the summer, participants may find workshops for a variety of skill levels in blacksmithing, clay, fibers, glass, metals and wood. Workshops are accessible to those who want to learn an entirely new skill as well as those who want to refine their existing skills. Artists from across the country and our own campus lead workshops in our professionally equipped studios throughout the summer.



APPALACHIAN CENTER FOR CRAFT






FINE ART RETAIL GALLERY
THOUSANDS OF HAND-CRAFTED WORKS

HANDS-ON CRAFT WORKSHOPS
BEGINNER TO ADVANCED SKILL LEVELS

CFAR344-OCV-24

931-372-3051 | WWW.TNTECH.EDU/CRAFTCENTER



WHERE HISTORY LIVES

The Upper Cumberland region is a land shaped by ancient geology, enduring traditions, and a deep frontier spirit. Long before European settlement, the Cumberland Plateau and its winding rivers sustained Cherokee and other Indigenous peoples, whose influence remains woven into our region's heritage.

In the late 18th and early 19th centuries, settlers pushed westward, founding small farming communities, saltpeter mines, and timber outposts that fueled early American industry. During the Civil War, the Upper Cumberland was known not through major battles but through the fierce resilience of the people caught between Union and Confederate lines.

Over generations, the Upper Cumberland evolved into a cultural stronghold of Appalachian craftsmanship, bluegrass and old-time music, storytelling, and outdoor exploration, anchored by landmarks like the Cumberland River, scenic state parks, and historic town squares.

Today, visitors come from far and wide, not just for breathtaking waterfalls and forested overlooks, but to experience a region where history feels lived-in, hospitality comes naturally, and every ridge and riverbend has a story worth sharing.

Featured Local Museums

Cookeville History Museum & Depot (2 separate buildings):

The Museum is dedicated to local history exhibits, traveling exhibits and collection displays. The 1909 Depot houses railroad memorabilia, including a real locomotive and 2 cabooses.

Cumberland Homesteads Tower Museum (Crossville):

Explore exhibits about the New Deal project in a former water tower.

Jackson County Museum (Gainesboro):

One of the oldest museums in the region, rich in local genealogy and artifacts.

Military Memorial Museum (Crossville):

Covering conflicts from the Civil War to the present.

Monterey Depot Museum (Monterey):

From trains and coal mining controversies to local art and oral folk tales.

Overton County Heritage Museum (Livingston):

Highlights include Revolutionary War, Civil War, schools, African-American history, and Alpine Institute sections.

Smith County Heritage Museum (Carthage):

Showcases local history, and pays tribute to the two Nobel Peace prize winners from the County (Cordell Hull and Al Gore).

White County Heritage Museum (Sparta):

Exhibits on local history, including Lester Flatt, Civil War involvement, mills, and the county's namesake, John White.



Step Into The Past

The Cumberland Homesteads

Franklin Delano Roosevelt's "Showplace of the New Deal" is located about 4 miles south of Crossville. There you can find 10,250 of the original allotted 27,802 acres, and 218 of the original 251 houses, which were built from 1934-1938. This area includes Homesteads Tower and Museum, Homesteads House Museum and 1,720-acre Cumberland Mountain State Park, home to Byrd Lake.

Granville

The entire downtown of Granville is a living museum. At the 1880s T.B. Sutton General Store, you can purchase a town tour ticket which gives you access to the Clemons Car Museum, Southern Shops of Granville, Whistle Stop Saloon, Granville Whiskey Decanter Museum (world's largest collection of limited edition decanters), Mayberry and I Love Lucy Museum, Bank Museum, Post Office Museum, Historic Granville Museum, Farm to Table Museum, 1880's Sutton Homestead guided house tour, Pioneer Village with antique car museum, 1800's log cabin, arts and craft building, vintage farm equipment and tools, barn, cottage garden and Tennessee Quilt and Textile Museum. Every Saturday night, you can catch the Sutton Old Time Music Hour.

Cordell Hull Birthplace State Park

Born in a log cabin in Pickett County, Cordell Hull was the longest-serving U.S. Secretary of State, holding the position for 11 years under President Franklin Delano Roosevelt. Hull won the Nobel Peace Prize for his pivotal role in establishing the United Nations. In Cordell Hull Birthplace State Park, tour a representation of Hull's log cabin birthplace and period gardens; the Cordell Hull Museum which displays a variety of

photographs and artifacts. You can also take in one of the many events the park hosts throughout the year, or take the pleasant hike to Bunkum Cave where Hull's father had a moonshine still (you'll need a permit to go inside the cave).

The Sgt. Alvin C. York State Historic Park

The State Park pays tribute to one of the most decorated soldiers of WWI. The park includes a visitor center modeled after York's general store, his two-story house, a gristmill, and a lifesize replica of a WWI trench you can explore. Just outside the park are the Wolf River Methodist Church where he experienced his religious conversion and the Wolf River Cemetery which includes the burial site of Sgt. York and his wife, Miss Gracie. The park also hosts WWI living history events that include re-enactors, interactive demonstrations, live music, and discussions with experts about Sergeant York and WWI.

Rugby

On the eastern Plateau in Morgan County is the village of Rugby. Originally founded in 1880 by British author Thomas Hughes, Rugby was built for aristocratic English second sons who planned to create a utopian society in the Americas. The experiment thrived for the first ten years, then struggled and withered. Rugby's restored Victorian architecture and picturesque setting make it a popular tourist attraction.

Making the Most of Your Time UC Itineraries

Looking for a quick escape that packs a punch? Dive into the hidden, breathtaking beauty of Tennessee's Upper Cumberland. From the thundering 256-foot Fall Creek Falls to paddling the Caney Fork River, from stunning views to delicious eats, we've curated itineraries just for you. Stop searching, handpick your adventure and start exploring the Cumberland Plateau's best-kept secrets.

Itinerary 1

Water, Wine & Waterfalls

3 Days | Cookeville – Smithville – McMinnville

Perfect for couples and adventure-seekers who want waterfalls, lake time, and river adventure in one unforgettable long weekend.

Day 1 - Cookeville & Surrounding Area

Start your morning at **Grandma's Pancake House**, a longtime Cookeville favorite serving classic Southern breakfasts that fuel a full day outdoors.

Spend the morning hiking at **Cummins Falls State Park**. Plan for a moderate-to-strenuous gorge hike leading to one of Tennessee's most iconic swimming holes. Water shoes are recommended, and you'll want to allow time to relax at the base of the falls.

After your hike, head back toward town for lunch at **Savor Southern Kitchen**, known for elevated comfort food and fresh regional flavors.

In the afternoon, explore **Burgess Falls State Park**. Shorter trails with dramatic overlooks lead to a powerful waterfall dropping into the gorge below - one of the most photographed sites in the region.

Drive up to Monterey for sunset at **Bee Rock Overlook** for panoramic views that stretch for miles across the Cumberland Plateau.

Dinner options:

- 37 Cedar
- Father Tom's
- Sapori di Napoli (Monterey)

Overnight:

- The Hideout Hotel
- The Treehouse
- Spacious Skies Campground

Day 2 - Lake or River Adventure, Smithville & DeKalb County

Start your morning at **Ralph's Donuts**, a Cookeville classic listed on the National Register of Historic Places. Then head toward Smithville.

Option A - Paddle the Caney Fork River

Float the scenic **Caney Fork River**. Book a canoe or kayak trip with *Canoe the Caney*. This relaxing 3 to 5 hour float features gentle current, limestone bluffs, and wildlife sightings. Ideal for beginners and families for elevated comfort food and fresh regional flavors.

Option B - Spend the Day At Center Hill Lake

Rent a boat, swim, or relax at one of the lake's marinas. Known for its cliff-lined shoreline and exceptionally clear water, Center Hill Lake is one of Middle Tennessee's most scenic waterfront destinations.

Wrap up your water day by 5 – 6pm and drive south to McMinnville. Check into **Southern Blue**, a beautifully restored boutique stay blending Southern charm with modern comfort.

Dinner at the **Foglight**, overlooking the river gorge.

Day 3 - Caverns, Waterfalls & Downtown McMinnville

Start your morning a tour of **Cumberland Caverns**, one of the largest cave systems in the United States.

Visit **Rock Island State Park**. Twin Falls is a must-see and easily accessible from the parking area.

After your adventure, explore McMinnville's walkable downtown filled with boutique shops and historic architecture. Lunch at **Collins River BBQ** before heading home.

An optional add-on is wine tasting at **DelMonaco Winery & Vineyards** in Baxter.



Cummins Falls State Park



Paddling on the Caney Fork River



Fall Creek Falls

Itinerary 2 Family-Friendly Weekend 3 Days | Crossville & Southern Plateau

Perfect for families who enjoy parks, hands-on activities, and relaxed outdoor fun.

Day 1 - Parks, Play & Local Fun

Start the day at **GrinderHouse Coffee Shop** in Crossville.

Spend the morning hiking at **Cumberland Mountain State Park**. Walk easy lakeside trails, rent paddle boats on Byrd Lake, and enjoy playground areas designed for families.

Lunch at **Homestead Harvest Restaurant** inside the park.

Afternoon options:

- Fairfield Glade recreation
- The Palace Theatre
- Chuckle's Family Fun Center

Dinner at **Gondola's Pizza & Steak House**.

Evening option: Catch a professional live production at the **Cumberland County Playhouse**, one of the premier theatre venues in rural America.

Day 2 - Big Adventure at Fall Creek Falls

Take a scenic morning drive to Fall Creek Falls State Park, the most visited state park in Tennessee and home to one of the highest waterfalls in the eastern United States.

Families can enjoy:

- Horseback riding
- Mountain biking
- Hiking trails and waterfall overlooks
- Fishing and boating
- Playground areas
- Seasonal ranger programs.

Cabin and camping options are available for an extended stay.

Day 3 - Ozone Falls Scenic Stop

Before heading home, take a scenic detour to Ozone Falls, one of the most dramatic roadside waterfalls in Tennessee and a filming location for Disney's *The Jungle Book*.

A short walk leads to sweeping views of the 110-foot plunge as it cascades into a rocky canyon below. Adventurous visitors can hike down to the base for an up-close perspective, while others enjoy the overlook views just steps from the parking area.

After your waterfall stop, enjoy a relaxed lunch in town before wrapping up your Upper Cumberland weekend.



Photo Credit: Chuck, Sutherland

South Arch
Big South Fork National River & Recreation Area

Itinerary 3 Food, Murals & Mountain Backroads 3 Days | Putnam – Overton – Pickett

Designed for travelers who love local flavor, arts districts, and scenic countryside drives.

Day 1 - Cookeville's WestSide Culture

Start your morning with coffee at **Soulcraft Coffee** or **Vertical Coffee Company**.

Spend time exploring **Cookeville's Historic WestSide District**. Browse murals, step into **Plenty Downtown Bookshop**, and shop at **The Glass Tangerine**.

Grab lunch at **World Foods** for globally inspired cuisine in a relaxed setting.

In the afternoon, enjoy a craft brew at **Red Silo Brewing Company**. Dinner at **Crawdaddy's WestSide Grill**, a staple of Cookeville's dining scene.

Stay overnight in Cookeville.

Day 2 - Overton & Pickett Scenic Loop

Drive north into Overton County and spend time exploring downtown Livingston and the surrounding countryside.

Continue to Pickett County and visit **Pickett CCC Memorial State Park**. Enjoy forest trails, lakeside views, or a scenic drive through **Pogue Creek Canyon**.

For a relaxed finish to the day, enjoy wine tasting at **Highland Manor Winery** and/or craft beer at **Sawbriar Brewing Company** in James-town before checking into your lodging preference for the night.

Day 3 - Big South Fork Adventure

Head to the Big South Fork National River and Recreation Area in Fentress County.

Enjoy horseback riding along sandstone bluffs, scenic overlooks, or a river gorge drive.

Wrap up the trip with lunch at **R.M. Brooks Store** in Rugby before heading home.

Winding Stairs Waterfall, Lafayette



Photo Credit Chuck Sutherland

Itinerary 4 Plateau to Lake Road Trip 3 Days | White – Jackson – Clay – Macon

A scenic road trip for travelers who love hiking, small towns, lake life, and outdoor adventure.

Day 1 - Virgin Falls & Sparta

Spend your day hiking at **Virgin Falls State Natural Area** in White County. This is a long and rewarding trail where the waterfall disappears into a cave. Plan ahead and pack a lunch for the hike.

Dinner in Sparta at **Brother's Tavern**.

Stay overnight at **Liberty Lofts** in downtown Sparta.

Day 2 - Gainesboro to Dale Hollow Lake

Travel toward Jackson County and stop in Gainesboro for lunch at **The Stolen Coin** or **The Boardroom**.

Continue north to **Dale Hollow Lake** in Clay County.

Spend the afternoon boating, kayaking, fishing, or relaxing along the shoreline. Dinner at one of the lake marinas provides a classic waterfront experience.

Stay overnight in a cabin or Airbnb near the lake.

Day 3 - Macon County & Red Boiling Springs

As you begin your drive home, route through Macon County for one final taste of small-town charm.

Start in downtown Lafayette. Browse **615 Boutique** for curated fashion and gifts, then step into **Gallery 102**, a local art gallery showcasing regional artists and handcrafted pieces. These stops are easy, walkable, and give you a true feel for the community.

Enjoy a relaxed lunch at **Gibson's Café**, a hometown favorite known for classic comfort food and friendly service.

Before leaving the county, take a short detour to **Winding Stairs Waterfall**. This easy-access roadside waterfall provides a quick and scenic photo stop without the commitment of a long hike.

If time allows, continue east to Red Boiling Springs, home to two of Tennessee's most historic mineral spring hotels:

- **The Armour Hotel**, known for its healing mineral waters and restorative history.

- **The Thomas House**, a grand historic property widely known for its storied past – and its reputation as one of Tennessee's most haunted hotels.

Whether you stop for a tour, a meal, or even an overnight stay, these properties offer a glimpse into a fascinating chapter of Upper Cumberland history.

Twin Falls at Rock Island State Park

Photo Credit Odinn Media



Fall in Love With Our PARKS & NATURAL AREAS

We love our State Parks and Natural Areas, and there's a lot of them. In fact, there are fifteen of them packed into our fourteen counties, and that's not even counting the eleven USACE (US Army Corps of Engineers) parks, or our stunning National Park – Big South Fork.

The Upper Cumberland is known for its natural beauty, and these picturesque parks are part of the reason the Upper Cumberland has been called the best kept secret of Tennessee. From rolling hills and lush valleys, to spectacular waterfalls, ridges, forests, cliffs and unusual rock formations, you'll find them all when you visit our parks. Recreational activities abound, and the parks are great places for hiking, fishing, camping, kayaking and exploring.



On the Twin Arch Loop Trail,
Big South Fork

Photo Credit Chuck Suther-



Welch Point overlooking the Bridgestone / Firestone Centennial Wilderness Area

Photo Credit Chuck Sutherland

Big South Fork National River and Recreation Area

Encompassing 125,000 acres of the Cumberland Plateau, Big South Fork National River and Recreation Area protects the free-flowing Big South Fork of the Cumberland River and its tributaries. The area boasts miles of scenic gorges and sandstone bluffs, is rich with natural and historic features and has been developed to provide visitors with a wide range of outdoor recreational activities.

Bridgestone / Firestone Centennial Wilderness Area

Called "The Grand Canyon of the Cumberlands" by an early 19th-century traveler, this 10,000-acre Wildlife Management Area is recognized as a natural treasure for its uniqueness and beauty. Gaze at its nine waterfalls, as well as enjoy hiking, bird-watching, hunting, fishing, canoeing, class-5 kayaking, and cave exploring. Trail maps are available from the Sparta-White County Chamber



Burgess Falls

Photo Credit Brittany Meadows Camden



Photo Credit Kristi Parsons

Byrd Lake at Cumberland Mountain State Park



Photo Credit Kristi Parsons

Hiking Trail at Cumberland Mountain State Park

Burgess Falls State Park

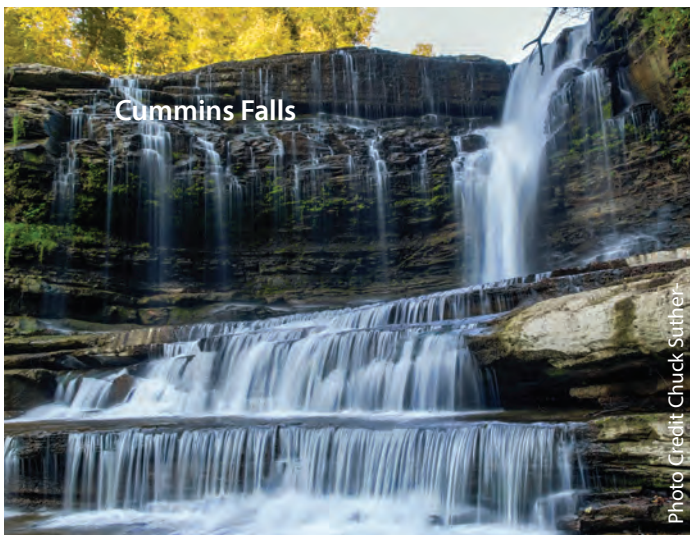
Located on the Falling Water River, this day-use park is noted for its natural beauty and four waterfalls that cascade down from over 250 feet in elevation. The last of these falls is the most spectacular, plunging more than 130 feet into the gorge.

Cordell Hull Birthplace State Park

This 55-acre historic park includes a representation of Nobel Prize recipient Cordell Hull's log birthplace cabin and gardens, a museum, and a pretty hiking trail that leads to a cave where Hull's father made moonshine. See page 57 for more information.

Cumberland Mountain State Park

The historic park is located around Byrd Lake, a man-made lake created by the impoundment of Byrd Creek in the 1930s. The park provides numerous recreational activities, including hiking, swimming, picnicking and interpretive programs. The park also features a popular area restaurant and separate recreation hall that can accommodate up to 250 people. See page 56 for more information.



Cummins Falls

Photo Credit Chuck Sutherland

Cummins Falls State Park

Cummins Falls State Park is an idyllic — but rugged — 306-acre day-use park located in Jackson County, nine miles north of Cookeville on the Blackburn Fork State Scenic River on the Eastern Highland Rim. Located in the Cordell Hull Watershed, the area has been a scenic spot and swimming hole for local residents of Jackson and Putnam counties for more than 100 years.

Edgar Evins State Park

Edgar Evins State Park is located on the shores of Center Hill Lake in the steep, hilly Eastern Highland Rim. The 6,000-acre park provides many recreational opportunities, cabins, and campsites on one of the most beautiful reservoirs in Tennessee. The park also has a large on-site marina with a restaurant and gift shop.

Fall Creek Falls State Park

Fall Creek Falls State Park is one of Tennessee's largest and most visited state parks. The park encompasses more than 29,800 acres sprawled across the eastern top of the rugged Cumberland Plateau. Laced with cascades, gorges, waterfalls, streams and lush stands of virgin hardwood timber, the park beckons those who enjoy nature at her finest. Fall Creek Falls, at 256 feet, is one of the highest waterfalls in the eastern United States. Other waterfalls within the park include Piney Falls, Cane Creek Falls, and Cane Creek Cascades.

Pickett CCC Memorial State Park

Initial development of the area by the Civilian Conservation Corps (CCC) occurred between 1934 through 1942. The CCC constructed hiking trails, five rustic cabins, a recreation lodge, a ranger station, and a 12-acre lake. The park memorializes and preserves the unique work of the CCC who first developed the park.

In 2015, Pickett CCC Memorial State Park and Pogue Creek Canyon State Natural Area earned Silver-tier International Dark Sky Park designation. Visitors can enjoy sweeping, rich views of the night sky.



Fall Creek Falls
Photo Credit Conner Gayhart



Cane Creek Cascades
at Fall Creek Falls



Autumn Bike Ride
at Fall Creek Falls



Pickett Lake

Photo Credit Chuck Sutherland



Window Cliffs

Photo Credit Chuck Sutherland



Photo Credit Chuck Sutherland

Meadow Creek Park

Home to a serene 90 acre lake, a growing multi-use trail system, rock climbing access and a swim beach; Meadow Creek Park is located near the charming town of Monterey.

Rock Island State Park

Known for its rugged beauty and impressive waterfalls, the park includes the Caney Fork River Gorge (aka The Gorge), one of Tennessee's many national treasures. The Gorge is a popular location for hiking and swimming offering deep-blue pools, scenic trails, and cascades, including Great Falls, a 30-foot waterfall located below the 19th-century cotton textile mill that it powered more than 100 years ago.

Sgt. Alvin C. York State Historic Park

The park is a tribute to one of the most decorated soldiers of WWI. Located in Pall Mall, TN where York grew up and lived, the park has plenty of history to be explored, but also offers some beautiful scenery and opportunities to experience nature. WWI trench battle reenactments and related events are held, as well as tours led by professional park guides.

Standing Stone State Park

Standing Stone State Park has more than eight miles of day-use hiking trails, providing access to some of the park's loveliest areas. Trails range from easy to strenuous and pass into virgin woods through vivid wildflowers and over-flowing streams and around beautiful Standing Stone Lake. The park has thirty-six campsites, each with a grill, picnic table, water, and electricity. There are seventeen historic WPA cabins and seven more modern cabins available, as well as three group lodges.

Virgin Falls State Natural Area

The 1,157-acre natural area is named for Virgin Falls, which is formed by an underground stream that emerges from a cave, then drops over a 110-foot high cliff before disappearing into another cave at the bottom of the sink. The hike to Virgin Falls totals around 9 miles going in and out, and should be considered a strenuous hike. Additional waterfalls including Big Laurel, Sheep Cave Falls, and Big Branch Falls.

Window Cliffs State Natural Area

The Window Cliffs is the name of a prominent group of natural bridges in a narrow 200-foot-tall ridge near Cane Creek in Putnam County. The day-use area is only accessible by a hiking a moderately difficult 5.4 miles (round trip) trail with numerous creek crossings.



Photo Credit H.L. Harder

Autumn at Standing Stone Lake

PARKS & NATURAL AREAS

tnstateparks.com



Big South Fork National River & Recreation Area (National Park)
423-569-9778 • [nps.gov](https://www.nps.gov)

Bridgestone / Firestone Centennial Wilderness Area
Eastland Rd. at Scott's Gulf Rd. Sparta
931-836-3552

Burgess Falls State Park
4000 Burgess Falls Dr. Sparta
931-432-5312

Cordell Hull Birthplace State Park
1300 Cordell Hull Memorial Dr.
Byrdstown
931-864-3247

Cumberland Mountain State Park
24 Office Dr. (Hwy. 127 S.) Crossville
931-484-6138 • 800-250-8618

Cummins Falls State Park
390 Cummins Falls Lane, Cookeville
931-268-7223

Edgar Evins State Park
1630 Edgar Evins Park Rd. Silver Point
931-858-2446 • 800-250-8619

Fall Creek Falls State Park
10821 Park Rd. • Spencer
423-881-5298 • 800-250-8611

Pickett CCC Memorial State Park
4605 Pickett Park Hwy. • Jamestown
931-879-5821 • 877-260-0010

Meadow Creek Park
19195 Clarkrange Hwy, Monterey
931-839-2111
montereytn.com

Rock Island State Park
82 Beach Rd. • Rock Island
931-686-2471 • 800-713-6065

Sergeant Alvin C. York State Historic Park
2700 N. York Hwy. • Pall Mall
931-879-6456

Standing Stone State Park
1674 Standing Stone Park Hwy., Hilham
931-823-6347 • 800-713-5157

Virgin Falls State Natural Area
2080 Scotts Gulf Rd, Sparta
423-881-5708

Window Cliffs State Natural Area
8400 Old Cane Creek Rd, Baxter
931-432-5312



Photo Credit H.L.Harder



Photo Credit Billie Davis



72 / 2026 TENNESSEE'S UPPER CUMBERLAND



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RECREATION AREAS

U.S. Army Corps of Engineers • ln.usace.army.mil

All lakes offer quality outdoor recreational activities including camping, boating, fishing, picnicing, hiking trails, bike trails, horse trails, swimming, sunbathing and wildlife viewing.

Dale Hollow Dam Recreation Area

200 Campground Rd. • Celina
931-243-3554 • 877-444-6777

Defeated Creek Park Recreation Area

140 Marina Ln. • Carthage
615-774-3141 • 877-444-6777

Donaldson Park Recreation Area

1110 Jackson St. • Celina
931-243-3136

Floating Mill Recreation Area

430 Floating Mill Ln. • Silver Point
931-858-4845 • 877-444-6777

Lillydale Recreation Area

985 Lillydale Rd. • Allons
931-823-4155 • 877-444-6777

Long Branch Recreation Area

478 Lancaster Rd. • Lancaster
615-548-8002 • 877-444-6777

Obey River Park Recreation Area

100 Obey Park Rd. • Byrdstown
931-864-6388 • 877-444-6777

Pleasant Grove

1170 Cedar Hill Rd. • Celina
931-243-3136 • 877-444-6777

Ragland Bottom Recreation Area

1410 Ragland Bottom Rd. • Sparta
931-761-3616 • 877-444-6777

Salt Lick Creek Recreation Area

71 Corps Ln. • Carthage
931-678-4718 • 877-444-6777

Willow Grove Campground

11038 Willow Grove Hwy. • Allons
931-823-4285 • 877-444-6777



MEMBERSHIP DIRECTORY

UPPER CUMBERLAND TOURISM ASSOCIATION

ARTS, MUSIC & THEATRE

COOKEVILLE

Bryan Symphony Orchestra
123 W. Broad St., Ste. 4 • Cookeville,
931-525-2633
bryansymphony.org

Cookeville Performing Arts Center
10 E. Broad St. • Cookeville
931-528-1313
cookeville-tn.gov/ls/cpac/

The Cumberland Art Society
186A S. Walnut Ave. • Cookeville
931-526-2424
cumberlandartsociety.com

The Park Theater
115 W Main St. • McMinnville
931-506-2787
mcminnvilleparktheater.com/

Art Round Tennessee
artroundtennessee@gmail.com
artroundtennessee.com/

CROSSVILLE

Art Guild at Fairfield Glade
451 Lakeview Dr • Crossville
931-707-7249
artguildfairfieldglade.net/

Cumberland County Playhouse
221 Tennessee Ave. • Crossville,
931-484-5000
www.ccplayhouse.com

Historic Palace Theatre
72 S. Main St. • Crossville,
931-484-6133
www.palacetheatre-crossville.com

Grinderhouse Coffee Shop
73 N Main St • Crossville
931-707-0440
www.grinderhousecoffeeshop.com

GRANVILLE

Sutton Ole Time Music Hour
169 Clover Street • Granville
931-653-4151
granvilletn.com

MONTEREY

The Old Gray Concert Venue
3781 Monterey Highway
931-284-9853
theoldgray.com

PETROS

Brushy Mtn. State Pen
9182 Hwy 116 • Petros
423-324-8687

SMITHVILLE

Smithville Fiddlers Jamboree & Craft Festival
Courthouse Square • Smithville
Smithvillejamboree.com

AGRI-TOURISM

BYRDSTOWN

The Lavender on K & S Farm
8554 Faix Rd • Byrdstown
860-608-1536

JAMESTOWN

Fairwinds Lavender
794 Old Hiram Crabtree Rd • Jamestown
727-992-3068 | 931-704-3152
fairwindslavender.com

SMITHVILLE

Bert Driver Nursery
175 Hurricane Ridge Rd • Smithville
615-597-9560
bertdriver.com/nursery

Harmony Lane Farm & Creamery
285 Harmony Lane • Smithville
615-983-0140
harmonylanefarms.com

SPARTA

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800-97-TRAIL
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maplehillrv.com

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whisperingfallsrvpark.com/

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931-243-4220

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931-520-5455
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931-400-0606
themillstorehouse.com

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royalcrowndorset.com

The Purple Door Antiques & Uniques
106 W Walnut St, Smithville
615-427-8017
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The Vintage Owl
109 W Walnut St, Smithville
931-489-3998
facebook.com/thevintageowlantiques/

BUSINESS SUPPORTERS

BAXTER

Twin Lakes
444 Main St, Baxter
931-858-2151
twlakes.net

CARTHAGE

Upper Cumberland Electric Membership Corp
Carthage, TN
ucemc.com

COOKEVILLE

Wilson County Bank & Trust
320 S. Jefferson Ave. Cookeville
931-528-4928
wilsonbank.com

WCTE-TV Upper Cumberland PBS
229 East Broad Street, Cookeville
931-528-2222
wcte.org

Cookeville CityScape
123 West Broad Street, Suite 1, Cookeville
931-528-4612
cookevillecityscape.com

CROSSVILLE

Plateau Properties
118 North Main St, Crossville
931-484-5535
plateauproperties.com.

Glenn McDonald
First Realty Company
2625 N. Main St. • Crossville
931-484-1005
firstrealty.net

MCMINNVILLE

Caney Fork Electric Cooperative
920 Smithville Hwy. • McMinnville
caneyforkec.com

UPPER CUMBERLAND COUNTIES, CITIES, CHAMBERS OF COMMERCE & VISITOR SERVICES

Byrdstown/Pickett County Chamber of Commerce
1005 Livingston Hwy. • Byrdstown
931-864-7195
dalehollow.com

Cannon County Chamber of Commerce
1424 John Bragg Hwy. • Woodbury
615-563-2222
cannontn.com

Clay County Partnership Chamber of Commerce
424 Brown St. • Celina
931-243-3338
dalehollowlake.org

Cookeville-Putnam County Convention & Visitors Bureau
1 W. First St. • Cookeville
931-526-2211 • 800-264-5541
visitcookevilletn.com

Mayor Randy Porter - Putnam County
300 E. Spring St. • Cookeville
putnamcountyttn.gov

City of Cookeville
45 East Broad St. • Cookeville
931-526-9591
cookeville-tn.gov

City of Monterey
302 E. Commercial Ave. • Monterey
931-839-3770
montereytn.com

Crossville - Cumberland County Chamber of Commerce
34 S. Main St. • Crossville
931-484-8444 • 877-GOLFTN1
crossville-chamber.com

Crossville - Cumberland County Gateway to the Big South Fork Visitor Center
176 River Otter Dr. • Crossville
crossville-chamber.com

City of Crossville
392 N. Main St. • Crossville
crossvilleitn.gov

DeKalb County Government
1 Public Square • Smithville
dekalbtennesseec.com

Gainesboro/Jackson County Chamber of Commerce
P.O. Box 827 • Gainesboro
931-268-0971
gainesboro-jcchamber.com

Jackson County Government
101 E Hull Ave. • Gainesboro
jacksoncotn.com

Jamestown/Fentress County Chamber of Commerce
114 Central Ave. W. • Jamestown
931-879-9948 • 800 327-3945
bigsouthfork.org/

Livingston/Overton County Chamber of Commerce
222 E. Main St. • Livingston
931-823-6421 • 800-876-7393
overtonco.com

Macon County Chamber of Commerce
685 Hwy. 52 Bypass W. • Lafayette
615-666-5885 • 800-914-7072
maconcountychamber.org

Macon County Government
201 County Courthouse • Lafayette
615-666-2363
maconcountyttn.gov

City of Lafayette
200 East Locust St. • Lafayette
lafayette-tn.org

Vision2020 of Red Boiling Springs
vision2020inc.com

McMinnville-Warren County Chamber of Commerce
110 S. Court Square • McMinnville
931-473-6611
www.warrentn.com

Smith County Chamber of Commerce
939 Upper Ferry Rd. • Carthage
615-735-2093
smithcountychamber.org

Smith County Government
122 Turner High Circle • Carthage
615-735-2294
smithcountychamber.org

Town of Carthage
314 Spring St. • Carthage
townofcarthagetn.com

City of Smithville
104 E. Main St. • Smithville
smithvillecityhall.com

Smithville-DeKalb County Chamber of Commerce
Ct. Hse Rm 201, 1 Public Square • Smithville
615-597-4163
dekalbttn.com

Sparta/White County Chamber of Commerce
16 W. Bockman Way • Sparta
931-836-3552
spartatnchamber.com

Sparta/White County
1 East Bockman Way • Sparta
931-836-3552
whitecountyttn.gov

Van Buren/Spencer Chamber of Commerce
66 Sparta St. • Spencer
931-946-7033
vanburen-spencerchamber.com

Upper Cumberland Tourism Association
P.O. Box 2411 • Cookeville
931-537-6347 • 800-868-7237
tnuppercumberland.com

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Playhouse Education Sponsor: S

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DEATHTRAP

A Thriller by Ira Levin

Sponsored by: Cumberland

RATED PG-13, MARCH 13 - MAY 2

The **MARVELOUS WONDERETTES**

Dream On

Written & Created By Roger Bean

RATED PG, APRIL 10 - MAY 31

Co-sponsored by: Kirk & Nancy Powell, Ellis, John & Christine Stinson

Sponsored by: Beltone, THE GREAT ESCAPE

A little bit **COUNTRY**

RATED G, MAY 8 & 9

2026 Recital

Sponsored by: Carol Romo
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Co-Sponsors: and Mr. Erik Bergvin & Dr. Lauren Fox-Bergvin

A little bit **ROCK-N-ROLL**

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A Heartwarming Southern Comedy

Adapted by Catherine Lynch
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"Wise, witty, down-home and real."
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SHREK THE MUSICAL

RATED PG, JUNE 19 - AUGUST 9

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HEARTBREAK HOTEL

RATED PG-13, JULY 24 thru SEPTEMBER 13

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by Ken Ludwig

RATED PG-13, AUGUST 21 - OCTOBER 4

Co-sponsored by: and Tim & Susan Tewart

The **Addams Family MUSICAL**

RATED PG-13, SEPTEMBER 25 - OCTOBER 29

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